

Dear Runner,

Thank you for joining "Run Light Stand 2017", the details about the race are as follow:

Racer Pack Pick Up

Location: RM810, 8/F, Block A, Hong Kong Industrial Building, Lai Chi Kok, Kowloon
(Exit C, Lai Chi Kok Station)

Date: 27th Sep – 4th Oct 2017 (Sunday & Public Holiday Open)

Time: 12:00am-7:30pm

Attention:

- Present this email(either printed copy or electronic copy)to our staff when pick up your racer pack. If your friend/relatives will pick up your racer pack, He/She only needs to show a printed or electronic copy of this email and sign the confirmation of pick up after receiving. Letter of authorization is not required.
- Please note that T-shirt sizes (XS, S, M, L & XL) might not be all available and are first-come, first-served. No fitting or change is allowed.
- Please do not fold or bend the number bib, or the timing chip on it might not be able to work properly for your run.
- Runners must pick up racer pack (including race number bib), according to the above schedule. If runners would like to pick up on the race day, HK\$50 will be charged for additional administrative fee.

Race Details

Run Light Stand 2017 is a unique charity run event that puts sunset and dark night into running at night, creating an unprecedented night run experience for all types of runners.

Organizer : Hong Kong Multisports Association

Race Date: 7th OCT, 2017 (SAT)

Venue: Tai Po, Tai Mei Tuk Dam helipad

(Prizes Ceremony at HKFYG Camp Site)

Race Course: Tai Po, Tai Mei Tuk Dams/ Pak Sha Tau Pier

Start Time: Kids 1.5KM Start 18:00PM/ 7KM Individual and Team 1900PM/ Visually Impaired 1910PM

Transportation: KMB 75K from Tai Po Market MTR Station to Tai Mei Tuk Green or Mini Bus 20C from Tai Po Market MTR Station to Tai Mei Tu

Baggage: Tags with your race number will be provided. Please do not leave valuables as organizers will not be liable for any lost or damages.

Number Bib and Timing System: Must be visible in the front at all times during race. Number bibs are not transferable. Any non-conformance, will lead to disqualification. ChronoTrack will be the race official timing system. Time recorded by the official timing system will be used as the final result.

Water Station Location: a water station (Pak Sha Tau Ferry) will provided with feature cups supply; the start and end Points are equipped with water supply, in response to environmental protection, no cups will supplied, please bring your own drinking cup or water bottle.

Track safety and First-aid: starting the main dam helipad, Pak Sha Tau pier are U Turn point, please keep left along the whole way; lighting system will be set up at different point of the track. Participants can decide whether or not to bring the headlights. First-aid stations are located at Start and Finish

Awards and Ceremony: Individual /top 10, Team/Top 5, Award Medal and Gifts. The award ceremony will start about an hour after the Race Event. All winners must be personally present to accept the award, Please note that the organizer will not distribute the prize and award after the Ceremony.

Bad weather arrangement: If typhoons signal no.3 or above/red rainstorm/black rainstorm warning is hoisted at 3:00p.m. , or in case of unexpected circumstances that prevent the safe proceeding of the event, the organizer reserves the right to postpone or cancel the race. If the race is cancelled, the registration fee will not be refunded to runners.

Insurance: The organizer has purchased Public Liability Insurance for the race. All Runners and their parents participate the race at their own risk. The organizer undertakes no liabilities to any personal injury. Runners are recommended to purchase their own suitable insurance.

Note: Organizers reserve the right for any amendments and in case of discrepancies in Chinese and English versions, the Chinese version shall prevail.

Enquiry: enquiry@runlightstand.com.hk | 8119 4312.

Please visit our website <http://runlightstand.com/> to get the latest news.

Support for environmental protection: The Organizer will take Waste sorting method, please caring for the earth! Thank you!