

Run Light Stand

15 Oct, 2016 Saturday; Temperature : 28C; Humidity : 71%

All Results

Overall Position	Gender Position	Category Position	CP1 Position	Category	BIB	Tag	EngName	Official Time	Chip Time	Time Gun	Time Start	Time Finish	CP1 time	Time CP1	Disq	Remark
6	5	2		2 Kids Course K1	K101	6447	Tang Ki Cheong Morris	0:07:30	0:07:29	18:00:55	18:00:56	0:07:29	0:03:37	18:04:31		
12	10	6		6 Kids Course K1	K102	6448	Kwok Wai Him	0:08:37	0:08:35	18:00:55	18:00:57	0:08:35	0:04:09	18:05:02		
8	7	4		3 Kids Course K1	K103	6449	Pan Ching Kan	0:07:35	0:07:34	18:00:55	18:00:56	0:07:34	0:03:39	18:04:33		
4	3	1		1 Kids Course K1	K104	6450	Maxime Courret	0:07:01	0:06:59	18:00:55	18:00:56	0:06:59	0:03:31	18:04:25		
9	8	5		5 Kids Course K1	K105	6451	Chau Yik Hei	0:07:51	0:07:49	18:00:55	18:00:57	0:07:49	0:03:53	18:04:47		
7	6	3		4 Kids Course K1	K106	56873	FONG Pak kiu	0:07:32	0:07:31	18:00:55	18:00:55	0:07:31	0:03:42	18:04:36		
19	13	7	Missing CP Time	Kids Course K1	K107	71995	Wong Wai Hang	0:11:11	0:11:09	18:00:55	18:00:56	0:11:09	Missing CP Time			
15	4	2		3 Kids Course K2	K201	6452	Loo Ellen	0:09:34	0:09:33	18:00:55	18:00:55	0:09:33	0:04:45	18:05:38		
11	2	1		1 Kids Course K2	K202	6453	Tsang Sze Kee	0:08:16	0:08:14	18:00:55	18:00:57	0:08:14	0:04:07	18:05:01		
18	6	4		4 Kids Course K2	K203	71996	Tang Ka Yee , Michelle	0:10:56	0:10:54	18:00:55	18:00:56	0:10:54	0:05:19	18:06:13		
16	5	3		2 Kids Course K2	K204	71997	Tang Ka Wai, Mirelle	0:09:39	0:09:37	18:00:55	18:00:56	0:09:37	0:04:40	18:05:34		
21	8	5		5 Kids Course K2	K205	11601	WONG PUI LAM	0:11:51	0:11:49	18:00:55	18:00:57	0:11:49	0:05:28	18:06:21		
22	9	6		6 Kids Course K2	K206	11602	Wong Pui Ching	0:13:07	0:13:05	18:00:55	18:00:56	0:13:05	0:06:05	18:06:59		
23	10	7		7 Kids Course K2	K207	11603	Kong You	0:17:24	0:17:23	18:00:55	18:00:55	0:17:23	0:07:00	18:07:54		
10	9	4		4 Kids Course K3	K301	6454	Kwok Long Him	0:08:04	0:08:02	18:00:55	18:00:56	0:08:02	0:03:52	18:04:46		
3	2	2		1 Kids Course K3	K302	6455	Yuen Wai hin	0:06:55	0:06:53	18:00:55	18:00:56	0:06:53	0:03:13	18:04:06		
2	1	1		2 Kids Course K3	K303	6456	Loo Owen	0:06:43	0:06:41	18:00:55	18:00:56	0:06:41	0:03:16	18:04:10		
5	4	3		3 Kids Course K3	K304	6457	JULES VAUCELLE	0:07:03	0:07:02	18:00:55	18:00:56	0:07:02	0:03:32	18:04:26		
17	12	6		6 Kids Course K3	K305	56874	TANG TSZ YEUNG	0:10:10	0:10:09	18:00:55	18:00:56	0:10:09	0:04:06	18:05:00		
14	11	5		5 Kids Course K3	K306	56875	SO Yu Chung	0:09:31	0:09:29	18:00:55	18:00:56	0:09:29	0:04:04	18:04:58		
13	3	2		2 Kids Course K4	K401	6458	Chan Tsz Ching	0:09:10	0:09:09	18:00:55	18:00:56	0:09:09	0:03:53	18:04:47		
20	7	3		3 Kids Course K4	K402	6459	FAN Chun Lam	0:11:24	0:11:24	18:00:55	18:00:55	0:11:24	0:04:56	18:05:50		
1	1	1		1 Kids Course K4	K403	6460	Pauline Courret	0:06:19	0:06:17	18:00:55	18:00:56	0:06:17	0:03:11	18:04:04		
98	90	7		9 Men Senior(18-29)	M101	6461	SETO WAI HANG	0:37:05	0:36:59	19:00:17	19:00:22	0:36:59	0:18:47	19:19:03		
186	147	12		15 Men Senior(18-29)	M103	6463	Leung Man Hau	0:41:55	0:41:21	19:00:17	19:00:51	0:41:21	0:21:52	19:22:08		
228	172	17		16 Men Senior(18-29)	M105	6465	吳偉亮	0:43:56	0:43:22	19:00:17	19:00:51	0:43:22	0:21:56	19:22:12		
7	6	1		1 Men Senior(18-29)	M106	6466	Seto Wai Hung	0:29:03	0:28:58	19:00:17	19:00:22	0:28:58	0:14:01	19:14:17		
201	156	14		18 Men Senior(18-29)	M107	6467	Choi Shing Chi	0:42:28	0:42:16	19:00:17	19:00:29	0:42:16	0:22:24	19:22:40		
266	194	20		14 Men Senior(18-29)	M109	6469	KUNG KA LUN	0:45:27	0:44:47	19:00:17	19:00:57	0:44:47	0:21:50	19:22:06		
473	272	28		28 Men Senior(18-29)	M110	6470	Tsang Kwok Chun Anthony	1:04:26	1:04:08	19:00:17	19:00:35	1:04:08	0:31:17	19:31:33		
218	167	15		13 Men Senior(18-29)	M111	6471	Chau Ho Laam	0:43:22	0:43:07	19:00:17	19:00:32	0:43:07	0:21:38	19:21:54		
68	63	5		5 Men Senior(18-29)	M112	6472	So Shiu Chun	0:35:30	0:35:01	19:00:17	19:00:46	0:35:01	0:17:49	19:18:05		
108	98	9		8 Men Senior(18-29)	M113	6473	Au Yeung Ka Chun	0:37:43	0:37:13	19:00:17	19:00:47	0:37:13	0:18:45	19:19:01		
339	224	24		24 Men Senior(18-29)	M114	6474	Chung Chun Kit	0:49:22	0:49:04	19:00:17	19:00:35	0:49:04	0:24:47	19:25:03		
291	203	23		19 Men Senior(18-29)	M115	6475	CHAN Koon Tat , Quentin	0:46:13	0:45:50	19:00:17	19:00:39	0:45:50	0:22:44	19:23:00		
290	68	11		12 Women Senior(18-29)	M116	6476	WONG Tak Sin, Antia	0:46:12	0:45:51	19:00:17	19:00:38	0:45:51	0:22:53	19:23:09		
368	234	25		25 Men Senior(18-29)	M118	6478	Kwok Hiu Yan	0:50:58	0:47:33	19:00:17	19:03:42	0:47:33	0:27:11	19:27:27		
422	256	26		26 Men Senior(18-29)	M119	6479	Chan Chun Kwong	0:55:23	0:49:41	19:00:17	19:05:59	0:49:41	0:30:06	19:30:22		
230	173	18		21 Men Senior(18-29)	M120	6480	Wong Cho Yiu	0:44:01	0:38:20	19:00:17	19:05:59	0:38:20	0:23:32	19:23:48		
60	57	4		4 Men Senior(18-29)	M121	6481	Law Sum Ho	0:35:12	0:35:12	19:00:17	19:00:26	0:35:12	0:17:25	19:17:41		
106	96	8		7 Men Senior(18-29)	M122	6482	Chan Ka to	0:37:38	0:37:29	19:00:17	19:00:26	0:37:29	0:18:26	19:18:42		
196	153	13		17 Men Senior(18-29)	M123	6483	YUEN KA HO	0:42:18	0:41:57	19:00:17	19:00:38	0:41:57	0:21:58	19:22:14		
174	138	11		12 Men Senior(18-29)	M124	6484	KEUNG WAI KEUNG	0:41:18	0:40:59	19:00:17	19:00:35	0:40:59	0:20:59	19:21:15		
112	101	10		10 Men Senior(18-29)	M125	6485	Leung Ka Yuen	0:37:55	0:37:37	19:00:17	19:00:35	0:37:37	0:19:34	19:19:50		
13	11	2		2 Men Senior(18-29)	M126	6486	黃志威	0:29:51	0:29:48	19:00:17	19:00:20	0:29:48	0:14:41	19:14:57		
16	14	3		3 Men Senior(18-29)	M131	6487	Cheng Chi Hong	0:30:02	0:29:59	19:00:17	19:00:20	0:29:59	0:15:00	19:15:16		
244	181	19		20 Men Senior(18-29)	M132	6488	YANG PO HSIANG	0:44:36	0:43:47	19:00:17	19:01:06	0:43:47	0:23:25	19:23:41		
281	62	9		5 Women Senior(18-29)	M133	6489	TSANG YUEN YAN GENA	0:46:06	0:45:43	19:00:17	19:00:40	0:45:43	0:21:34	19:21:50		
221	169	16		11 Men Senior(18-29)	M135	56878	Chan Si Ming	0:43:28	0:43:16	19:00:17	19:00:29	0:43:16	0:20:33	19:20:49		
450	266	27		27 Men Senior(18-29)	M136	56879	李旭圭	0:59:46	0:59:07	19:00:17	19:00:56	0:59:07	0:30:16	19:30:32		
287	201	22		22 Men Senior(18-29)	M138	56881	Chan Siu Chung	0:46:09	0:45:57	19:00:17	19:00:29	0:45:57	0:24:15	19:24:31		
280	199	21		23 Men Senior(18-29)	M139	56882	NG Chun kit	0:46:00	0:45:31	19:00:17	19:00:46	0:45:31	0:24:20	19:24:36		
73	67	6		6 Men Senior(18-29)	M140	11604	黃宏威	0:35:47	0:35:27	19:00:17	19:00:38	0:35:27	0:18:05	19:18:21		
183	145	44		53 Men Master(30-39)	M303	6492	Chiu Sun Tat	0:41:50	0:41:09	19:00:17	19:00:58	0:41:09	0:22:39	19:22:55		
392	245	67		66 Men Master(30-39)	M304	6493	SUN PO KI	0:52:40	0:52:06	19:00:17	19:00:51	0:52:06	0:25:58	19:26:14		
209	160	48		51 Men Master(30-39)	M305	6494	Leung nik hang	0:42:50	0:42:07	19:00:17	19:01:00	0:42:07	0:22:12	19:22:28		
66	62	17		28 Men Master(30-39)	M306	6495	Fung Chi Kin	0:35:25	0:35:20	19:00:17	19:00:22	0:35:20	0:18:45	19:19:01		
185	146	45		39 Men Master(30-39)	M307	6496	LAM SHIU FUN	0:41:52	0:41:29	19:00:17	19:00:40	0:41:29	0:20:32	19:20:48		
303	209	57		54 Men Master(30-39)	M308	6497	Tai Ming Hon Aaron	0:46:53	0:46:42	19:00:17	19:00:28	0:46:42	0:23:06	19:23:22		

292	204	55	60 Men Master(30-39)	M309	6498 HO HOU WAI	0:46:15	0:45:35	19:00:17	19:00:56	0:45:35	0:24:09	19:24:25	
182	144	43	47 Men Master(30-39)	M311	6500 Wong ho wai	0:41:43	0:41:33	19:00:17	19:00:28	0:41:33	0:21:41	19:21:57	
135	110	34	27 Men Master(30-39)	M312	6501 TSE Chun Tung	0:39:08	0:39:06	19:00:17	19:00:19	0:39:06	0:18:32	19:18:48	
223	170	50	48 Men Master(30-39)	M313	6502 NG TSZ SAN	0:43:33	0:43:26	19:00:17	19:00:24	0:43:26	0:21:45	19:22:01	
264	192	53	55 Men Master(30-39)	M314	6503 Wan Kwok Kit	0:45:25	0:44:50	19:00:17	19:00:53	0:44:50	0:23:34	19:23:50	
19	17	4	Missing CP Time	Men Master(30-39)	M315	6504 CHOW LING FUNG	0:30:14	0:30:12	19:00:17	19:00:19	0:30:12	Missing CP Time	
283	64	14	23 Women Master(30-39)	M316	6505 WONG PUI LAM	0:46:06	0:45:29	19:00:17	19:00:54	0:45:29	0:24:09	19:24:25	
109	99	33	32 Men Master(30-39)	M318	6507 CHIU LIM KIT	0:37:50	0:37:41	19:00:17	19:00:26	0:37:41	0:18:59	19:19:15	
267	195	54	52 Men Master(30-39)	M320	6509 Leung Ming Kei	0:45:28	0:44:56	19:00:17	19:00:49	0:44:56	0:22:37	19:22:53	
238	178	51	36 Men Master(30-39)	M321	6510 CHAN KI YING	0:44:27	0:44:21	19:00:17	19:00:23	0:44:21	0:19:53	19:20:09	
297	207	56	42 Men Master(30-39)	M322	6511 Chan Shun Ying	0:46:31	0:46:25	19:00:17	19:00:22	0:46:25	0:21:03	19:21:19	
321	218	60	58 Men Master(30-39)	M324	6513 Chan Chung Ki	0:48:21	0:47:38	19:00:17	19:00:59	0:47:38	0:24:05	19:24:21	
363	109	29	23 Women Master(30-39)	M327	6516 TO WING MAN	0:50:24	0:49:52	19:00:17	19:00:50	0:49:52	0:24:09	19:24:25	
57	54	14	21 Men Master(30-39)	M329	6518 林子鈞	0:35:06	0:34:48	19:00:17	19:00:34	0:34:48	0:18:10	19:18:26	
462	270	72	71 Men Master(30-39)	M330	6519 CHEUNG TSZ KIN	1:02:00	1:01:45	19:00:17	19:00:33	1:01:45	0:31:51	19:32:07	
35	33	7	6 Men Master(30-39)	M331	6520 Leung Tsz Kin	0:32:32	0:32:25	19:00:17	19:00:24	0:32:25	0:16:18	19:16:34	
90	82	29	25 Men Master(30-39)	M332	6521 Matt Ho	0:36:46	0:36:46	19:00:17	19:00:24	0:36:46	0:18:23	19:18:39	
319	217	59	61 Men Master(30-39)	M333	6522 Chan Tak Ki	0:48:20	0:47:37	19:00:17	19:01:00	0:47:37	0:24:10	19:24:26	
360	232	64	65 Men Master(30-39)	M334	6523 Cheung kit wing	0:50:23	0:50:12	19:00:17	19:00:28	0:50:12	0:25:27	19:25:43	
87	79	27	20 Men Master(30-39)	M335	6524 chan chun yip	0:36:42	0:36:33	19:00:17	19:00:26	0:36:33	0:18:00	19:18:16	
107	97	32	38 Men Master(30-39)	M336	6525 Lam yuk kin	0:37:43	0:37:12	19:00:17	19:00:48	0:37:12	0:20:21	19:20:37	
492	278	74	73 Men Master(30-39)	M337	6526 Ng Tze Ho	1:15:58	0:58:25	19:00:17	19:17:50	0:58:25	0:45:30	19:45:46	
374	236	66	56 Men Master(30-39)	M338	6527 KWUN YING PING	0:51:10	0:50:39	19:00:17	19:00:47	0:50:39	0:23:38	19:23:54	
150	119	38	45 Men Master(30-39)	M339	6528 Wong Ping	0:40:11	0:39:35	19:00:17	19:00:53	0:39:35	0:21:27	19:21:43	
8	7	1	2 Men Master(30-39)	M340	6529 RECCHIA DAVIDE	0:29:20	0:29:14	19:00:17	19:00:23	0:29:14	0:14:25	19:14:41	
143	115	37	22 Men Master(30-39)	M341	6530 許俊彥	0:39:43	0:39:43	19:00:17	19:00:17	0:39:43	0:18:15	19:18:31	
101	93	31	33 Men Master(30-39)	M342	6531 LAM Cheuk Kin	0:37:14	0:36:46	19:00:17	19:00:45	0:36:46	0:19:08	19:19:24	
151	120	39	45 Men Master(30-39)	M343	6532 WONG KIN SUN	0:40:13	0:39:35	19:00:17	19:00:55	0:39:35	0:21:27	19:21:43	
74	68	20	15 Men Master(30-39)	M344	6533 lau wai kei	0:35:49	0:35:32	19:00:17	19:00:34	0:35:32	0:17:22	19:17:38	
344	225	62	67 Men Master(30-39)	M345	6534 tang wai man raymond	0:49:39	0:48:35	19:00:17	19:01:21	0:48:35	0:26:01	19:26:17	
26	24	6	5 Men Master(30-39)	M346	6535 WONG HUNG YUNG	0:30:56	0:30:49	19:00:17	19:00:24	0:30:49	0:15:39	19:15:55	
415	253	69	63 Men Master(30-39)	M347	6536 Liu lili	0:54:40	0:54:34	19:00:17	19:00:23	0:54:34	0:24:59	19:25:15	
45	42	9	16 Men Master(30-39)	M348	6537 Fung chi wai	0:33:54	0:33:28	19:00:17	19:00:44	0:33:28	0:17:23	19:17:39	
56	53	13	14 Men Master(30-39)	M349	6538 Wong Tak Kin	0:35:01	0:34:54	19:00:17	19:00:24	0:34:54	0:17:20	19:17:36	
160	126	42	37 Men Master(30-39)	M35	6539 LAW SHUNG WAI	0:40:49	0:40:35	19:00:17	19:00:31	0:40:35	0:20:08	19:20:24	
337	92	24	33 Women Master(30-39)	M350	6540 LAM KAI SHAN	0:49:05	0:48:23	19:00:17	19:00:58	0:48:23	0:25:36	19:25:52	
205	159	47	49 Men Master(30-39)	M351	6541 Chan Ka Chung	0:42:39	0:42:10	19:00:17	19:00:46	0:42:10	0:22:02	19:22:18	
71	65	19	31 Men Master(30-39)	M352	6542 Leung Wai Hong	0:35:43	0:35:21	19:00:17	19:00:39	0:35:21	0:18:55	19:19:11	
159	125	41	41 Men Master(30-39)	M353	6543 Chan Ho Chun	0:40:47	0:40:12	19:00:17	19:00:52	0:40:12	0:20:36	19:20:52	
47	44	10	8 Men Master(30-39)	M356	6546 MO CHUN MAN NOEL	0:34:12	0:34:05	19:00:17	19:00:24	0:34:05	0:16:44	19:17:00	
82	75	24	34 Men Master(30-39)	M357	6547 Kwok Taang Lai Sam	0:36:21	0:35:49	19:00:17	19:00:50	0:35:49	0:19:09	19:19:25	
88	80	28	18 Men Master(30-39)	M358	6548 Chan Kwun Hung	0:36:43	0:36:39	19:00:17	19:00:20	0:36:39	0:17:38	19:17:54	
213	163	49	39 Men Master(30-39)	M359	6549 Lung Albert	0:43:04	0:43:00	19:00:17	19:00:21	0:43:00	0:20:32	19:20:48	
79	72	22	17 Men Master(30-39)	M360	6550 hui Yu wo	0:36:18	0:36:14	19:00:17	19:00:20	0:36:14	0:17:35	19:17:51	
333	222	61	59 Men Master(30-39)	M362	6552 Mok Chun Yu	0:49:00	0:48:44	19:00:17	19:00:33	0:48:44	0:24:07	19:24:23	
358	230	63	62 Men Master(30-39)	M363	6553 CHAN KA YIN	0:50:22	0:50:16	19:00:17	19:00:23	0:50:16	0:24:25	19:24:41	
93	85	30	29 Men Master(30-39)	M364	6554 Chan che wai	0:36:52	0:36:45	19:00:17	19:00:24	0:36:45	0:18:51	19:19:07	
142	114	36	30 Men Master(30-39)	M365	6555 LAW WAI YAN	0:39:32	0:39:18	19:00:17	19:00:30	0:39:18	0:18:54	19:19:10	
85	77	26	22 Men Master(30-39)	M366	6556 LEE HONG NING	0:36:34	0:36:20	19:00:17	19:00:31	0:36:20	0:18:15	19:18:31	
156	123	40	50 Men Master(30-39)	M367	6557 Lun Yiu Chung	0:40:37	0:39:58	19:00:17	19:00:56	0:39:58	0:22:07	19:22:23	
428	258	71	69 Men Master(30-39)	M368	6558 Paul Daniel King	0:55:38	0:55:00	19:00:17	19:00:55	0:55:00	0:27:56	19:28:12	
365	233	65	68 Men Master(30-39)	M369	6559 WONG Ho Sing	0:50:31	0:50:04	19:00:17	19:00:44	0:50:04	0:26:03	19:26:19	
138	112	35	35 Men Master(30-39)	M370	6560 TANG PUI KIN SEAN	0:39:12	0:38:46	19:00:17	19:00:43	0:38:46	0:19:45	19:20:01	
75	69	21	11 Men Master(30-39)	M371	6561 LEE CHUN FAI	0:35:52	0:35:48	19:00:17	19:00:21	0:35:48	0:17:16	19:17:32	
83	76	25	24 Men Master(30-39)	M372	6562 李耀陸	0:36:29	0:36:25	19:00:17	19:00:21	0:36:25	0:18:22	19:18:38	
197	154	46	43 Men Master(30-39)	M373	6563 WONG YU HEI	0:42:22	0:42:06	19:00:17	19:00:33	0:42:06	0:21:08	19:21:23	
425	257	70	70 Men Master(30-39)	M374	6564 Chak Sin Hang	0:55:37	0:55:06	19:00:17	19:00:49	0:55:06	0:28:10	19:28:26	
471	271	73	72 Men Master(30-39)	M376	6566 Li Chun hang	1:03:55	1:03:23	19:00:17	19:00:49	1:03:23	0:32:32	19:32:48	
81	74	23	26 Men Master(30-39)	M379	6568 Tsang Hsian Li Hanley	0:36:21	0:36:12	19:00:17	19:00:26	0:36:12	0:18:29	19:18:45	
310	77	17	14 Women Master(30-39)	M380	6569 Mia Francesca Ibarra	0:47:29	0:47:14	19:00:17	19:00:32	0:47:14	0:22:45	19:23:01	
305	210	58	63 Men Master(30-39)	M381	6570 CHEUNG WAI KEI	0:47:04	0:46:30	19:00:17	19:00:51	0:46:30	0:24:59	19:25:15	
14	12	3	4 Men Master(30-39)	M382	6571 HUNG PAK HONG	0:29:51	0:29:47	19:00:17	19:00:22	0:29:47	0:15:13	19:15:29	
11	9	2	1 Men Master(30-39)	M383	56883 JOE WILLIAM WEIR	0:29:50	0:29:47	19:00:17	19:00:20	0:29:47	0:14:13	19:14:29	
54	51	11	13 Men Master(30-39)	M385	56885 Chan Chung Yin Vincent	0:34:58	0:34:55	19:00:17	19:00:20	0:34:55	0:17:19	19:17:35	
70	64	18	19 Men Master(30-39)	M386	56886 Luk Wai Sing	0:35:34	0:35:25	19:00:17	19:00:26	0:35:25	0:17:41	19:17:57	
42	39	8	7 Men Master(30-39)	M387	56887 Tai Wai Leung	0:33:47	0:33:44	19:00:17	19:00:20	0:33:44	0:16:40	19:16:56	

59	56	15	12 Men Master(30-39)	M389	56888 Lee Chi Hang	0:35:11	0:35:08	19:00:17	19:00:19	0:35:08	0:17:17	19:17:33
55	52	12	9 Men Master(30-39)	M390	56889 Lam Tat Fu	0:35:00	0:34:57	19:00:17	19:00:19	0:34:57	0:16:59	19:17:15
20	18	5	3 Men Master(30-39)	M391	56890 Lo Kam Wah	0:30:16	0:30:15	19:00:17	19:00:18	0:30:15	0:14:41	19:14:57
403	249	68	57 Men Master(30-39)	M392	56891 Sin Tsz Fung Jacky	0:53:38	0:53:29	19:00:17	19:00:27	0:53:29	0:23:42	19:23:58
248	183	52	44 Men Master(30-39)	M393	56892 Leung Chi Hang	0:44:41	0:44:36	19:00:17	19:00:21	0:44:36	0:21:10	19:21:26
65	61	16	10 Men Master(30-39)	M394	71998 SUM Kwok Fung	0:35:23	0:35:13	19:00:17	19:00:27	0:35:13	0:17:12	19:17:27
58	55	11	10 Men Master(40-49)	M504	6575 YUEN chung ho	0:35:07	0:35:01	19:00:17	19:00:24	0:35:01	0:17:21	19:17:37
40	37	7	8 Men Master(40-49)	M505	6576 Chang ming yuen	0:33:29	0:33:23	19:00:17	19:00:23	0:33:23	0:16:32	19:16:48
380	240	50	56 Men Master(40-49)	M507	6578 FUNG KAR TIM	0:51:39	0:47:12	19:00:17	19:04:44	0:47:12	0:28:28	19:28:44
25	23	5	5 Men Master(40-49)	M509	6580 SO MAN CHIT	0:30:53	0:30:53	19:00:17	19:00:17	0:30:53	0:14:59	19:15:15
356	229	46	41 Men Master(40-49)	M510	6581 Chan Hing Nin	0:50:12	0:49:56	19:00:17	19:00:32	0:49:56	0:23:00	19:23:16
406	251	55	46 Men Master(40-49)	M512	6583 Lui Wai Kit	0:53:49	0:53:31	19:00:17	19:00:35	0:53:31	0:24:47	19:25:03
372	235	47	49 Men Master(40-49)	M513	6584 hui kwok leung	0:51:04	0:50:43	19:00:17	19:00:38	0:50:43	0:25:22	19:25:38
404	250	54	46 Men Master(40-49)	M514	6585 Lee Wai Kit	0:53:46	0:53:30	19:00:17	19:00:34	0:53:30	0:24:47	19:25:03
49	46	9	13 Men Master(40-49)	M515	6586 Kwok Wing Yin	0:34:41	0:34:29	19:00:17	19:00:28	0:34:29	0:17:50	19:18:06
6	5	2	3 Men Master(40-49)	M516	6587 Tiu Ming Shing	0:28:39	0:28:39	19:00:17	19:00:17	0:28:39	0:13:56	19:14:12
96	88	20	20 Men Master(40-49)	M518	6589 Wong Chi Hung	0:37:01	0:36:56	19:00:17	19:00:22	0:36:56	0:18:21	19:18:37
165	130	29	25 Men Master(40-49)	M519	6590 Chan Kai Chung	0:40:54	0:40:48	19:00:17	19:00:23	0:40:48	0:19:45	19:20:01
378	239	49	54 Men Master(40-49)	M520	6591 Mok Wing Hung	0:51:33	0:51:03	19:00:17	19:00:47	0:51:03	0:26:11	19:26:27
253	187	41	43 Men Master(40-49)	M521	6592 Choi Chi Chung	0:44:45	0:44:15	19:00:17	19:00:48	0:44:15	0:23:30	19:23:46
32	30	6	6 Men Master(40-49)	M522	6593 PAN Tak Fai Raymond PAN	0:32:20	0:32:17	19:00:17	19:00:20	0:32:17	0:15:56	19:16:12
95	87	19	17 Men Master(40-49)	M523	6594 YEE KWOK WAI DENNIS	0:37:00	0:36:57	19:00:17	19:00:19	0:36:57	0:18:15	19:18:31
179	142	32	35 Men Master(40-49)	M524	6595 Yip Pak Hang	0:41:33	0:41:12	19:00:17	19:00:38	0:41:12	0:21:50	19:22:06
168	132	30	36 Men Master(40-49)	M525	6596 Fung Chi Hoi	0:41:01	0:40:29	19:00:17	19:00:49	0:40:29	0:21:55	19:22:11
295	205	43	45 Men Master(40-49)	M526	6597 Cheung Chi Kin	0:46:19	0:46:00	19:00:17	19:00:37	0:46:00	0:23:57	19:24:13
398	247	53	48 Men Master(40-49)	M527	6598 LAW YUEN CHEUNG	0:53:11	0:53:09	19:00:17	19:00:19	0:53:09	0:24:58	19:25:14
137	111	26	27 Men Master(40-49)	M528	6599 Leung Fuk Wah	0:39:10	0:38:42	19:00:17	19:00:45	0:38:42	0:20:07	19:20:23
215	165	36	41 Men Master(40-49)	M529	6600 Tsang Hing Wa	0:43:10	0:42:41	19:00:17	19:00:45	0:42:41	0:23:00	19:23:16
9	8	3	2 Men Master(40-49)	M531	6602 CHAN KA KUI	0:29:40	0:29:39	19:00:17	19:00:18	0:29:39	0:13:52	19:14:08
263	191	42	32 Men Master(40-49)	M532	6603 Yam Chun Yin	0:45:20	0:45:10	19:00:17	19:00:27	0:45:10	0:21:27	19:21:43
443	264	57	57 Men Master(40-49)	M533	6604 Yau Ka fung	0:58:46	0:54:20	19:00:17	19:04:43	0:54:20	0:30:02	19:30:18
336	223	45	51 Men Master(40-49)	M534	6605 Lee Kwan Ching Eric	0:49:04	0:48:29	19:00:17	19:00:52	0:48:29	0:25:36	19:25:52
80	73	16	18 Men Master(40-49)	M535	6606 Cheng hei wai	0:36:19	0:36:14	19:00:17	19:00:22	0:36:14	0:18:16	19:18:32
199	155	35	38 Men Master(40-49)	M536	6607 Wai Chi Shing	0:42:26	0:42:00	19:00:17	19:00:43	0:42:00	0:22:08	19:22:24
92	84	18	24 Men Master(40-49)	M537	6608 Law Kai Cheung	0:36:48	0:36:34	19:00:17	19:00:31	0:36:34	0:19:07	19:19:22
416	254	56	55 Men Master(40-49)	M538	6609 LUK WING HING	0:54:49	0:54:13	19:00:17	19:00:54	0:54:13	0:26:16	19:26:32
375	237	48	53 Men Master(40-49)	M539	6610 Ho Tze Fung	0:51:11	0:50:06	19:00:17	19:01:22	0:50:06	0:26:02	19:26:18
227	171	37	34 Men Master(40-49)	M541	6612 LEUNG CHI WA	0:43:46	0:43:26	19:00:17	19:00:37	0:43:26	0:21:34	19:21:50
129	107	23	11 Men Master(40-49)	M542	6613 Fong Sze Chun	0:38:48	0:38:43	19:00:17	19:00:22	0:38:43	0:17:39	19:17:55
193	151	34	31 Men Master(40-49)	M544	6615 YUEN PUI LAM	0:42:12	0:41:57	19:00:17	19:00:31	0:41:57	0:21:11	19:21:27
91	83	17	15 Men Master(40-49)	M546	6617 Chan Ka Lok Ronald	0:36:48	0:36:20	19:00:17	19:00:45	0:36:20	0:18:05	19:18:21
97	89	21	23 Men Master(40-49)	M548	6619 Lee Chi Nam	0:37:01	0:36:39	19:00:17	19:00:39	0:36:39	0:19:05	19:19:21
72	66	14	16 Men Master(40-49)	M549	6620 Frank Jozef Maria-H Demeyere	0:35:45	0:34:42	19:00:17	19:01:20	0:34:42	0:18:09	19:18:25
121	104	22	19 Men Master(40-49)	M550	6621 Dustin Hunchak	0:38:16	0:38:11	19:00:17	19:00:22	0:38:11	0:18:20	19:18:36
187	148	33	33 Men Master(40-49)	M551	6622 MA Kin Chung Felix	0:41:58	0:41:33	19:00:17	19:00:42	0:41:33	0:21:30	19:21:46
395	246	52	52 Men Master(40-49)	M552	6623 LAU Wai Chi	0:53:07	0:53:02	19:00:17	19:00:22	0:53:02	0:25:41	19:25:57
130	108	24	28 Men Master(40-49)	M553	6624 羅耀光	0:38:51	0:38:10	19:00:17	19:00:58	0:38:10	0:20:08	19:20:24
22	20	4	4 Men Master(40-49)	M554	6625 PLICHARD Christophe	0:30:26	0:30:26	19:00:17	19:00:18	0:30:26	0:14:43	19:14:59
63	59	12	14 Men Master(40-49)	M556	6627 Kwok Ling Lam	0:35:16	0:35:02	19:00:17	19:00:30	0:35:02	0:17:56	19:18:12
52	49	10	12 Men Master(40-49)	M557	6628 SO KWONG PING	0:34:49	0:34:22	19:00:17	19:00:43	0:34:22	0:17:46	19:18:02
78	71	15	22 Men Master(40-49)	M558	6629 CHEUNG YIK CHEUNG	0:36:06	0:35:58	19:00:17	19:00:26	0:35:58	0:18:47	19:19:03
241	180	39	40 Men Master(40-49)	M559	6630 CHAN CHUN HUNG	0:44:31	0:43:50	19:00:17	19:00:58	0:43:50	0:22:49	19:23:05
173	137	31	29 Men Master(40-49)	M560	6631 Ho Shing Yiu	0:41:14	0:40:32	19:00:17	19:00:59	0:40:32	0:20:27	19:20:43
240	179	38	39 Men Master(40-49)	M561	6632 To Wai Kwong	0:44:30	0:43:52	19:00:17	19:00:56	0:43:52	0:22:41	19:22:57
134	109	25	26 Men Master(40-49)	M562	6633 Tang Yiu Kin	0:39:03	0:38:23	19:00:17	19:00:58	0:38:23	0:20:04	19:20:20
141	113	27	37 Men Master(40-49)	M563	6634 Chan Siu Man	0:39:31	0:39:21	19:00:17	19:00:27	0:39:21	0:21:58	19:22:14
384	242	51	50 Men Master(40-49)	M564	6635 Lau Wai Kit	0:52:00	0:51:51	19:00:17	19:00:25	0:51:51	0:25:26	19:25:42
48	45	8	7 Men Master(40-49)	M565	56893 Chow Kai Lung	0:34:28	0:34:25	19:00:17	19:00:20	0:34:25	0:16:26	19:16:42
164	129	28	21 Men Master(40-49)	M567	56895 CHEUNG TSZ CHUNG	0:40:51	0:40:29	19:00:17	19:00:39	0:40:29	0:18:45	19:19:01
331	221	44	44 Men Master(40-49)	M568	56896 Lam Kai Cheung ,William	0:48:56	0:48:28	19:00:17	19:00:45	0:48:28	0:23:47	19:24:03
4	3	1	1 Men Master(40-49)	M569	56897 鄭耀	0:28:04	0:28:02	19:00:17	19:00:18	0:28:02	0:13:42	19:13:58
250	185	40	30 Men Master(40-49)	M571	56899 Cheng Ka Po	0:44:42	0:44:41	19:00:17	19:00:18	0:44:41	0:20:31	19:20:47
64	60	13	9 Men Master(40-49)	M572	56900 LAM Ho ming	0:35:20	0:35:18	19:00:17	19:00:18	0:35:18	0:17:16	19:17:32
104	95	13	12 Men Master(50 or above)	M701	6636 Fung Wai Kuen Thomas	0:37:24	0:37:14	19:00:17	19:00:27	0:37:14	0:18:33	19:18:49
236	177	31	32 Men Master(50 or above)	M704	6639 何偉基	0:44:20	0:44:06	19:00:17	19:00:31	0:44:06	0:22:30	19:22:46
301	208	37	37 Men Master(50 or above)	M705	6640 譚衛信	0:46:50	0:46:36	19:00:17	19:00:31	0:46:36	0:23:17	19:23:33

487	276	44	44 Men Master(50 or above)	M706	6641 Wong Wai Cheung	1:10:14	1:09:39	19:00:17	19:00:52	1:09:39	0:33:48	19:34:04
33	31	6	6 Men Master(50 or above)	M707	6642 Francois Dudouit	0:32:20	0:32:19	19:00:17	19:00:18	0:32:19	0:15:40	19:15:56
191	149	25	28 Men Master(50 or above)	M709	6644 Davies Oliver Howell	0:42:10	0:41:49	19:00:17	19:00:38	0:41:49	0:21:46	19:22:02
316	215	39	38 Men Master(50 or above)	M710	6645 LEUNG MUI LAM	0:48:08	0:47:57	19:00:17	19:00:28	0:47:57	0:25:17	19:25:33
27	25	3	3 Men Master(50 or above)	M711	6646 WONG TAI CHUN MARK	0:31:30	0:31:29	19:00:17	19:00:17	0:31:29	0:14:49	19:15:05
34	32	7	5 Men Master(50 or above)	M712	6647 莫禮就	0:32:27	0:32:27	19:00:17	19:00:17	0:32:27	0:15:26	19:15:42
76	70	10	10 Men Master(50 or above)	M713	6648 趙沛華	0:35:52	0:35:52	19:00:17	19:00:18	0:35:52	0:17:28	19:17:44
31	29	5	4 Men Master(50 or above)	M714	6649 LEE CHAU NING LEE	0:32:12	0:32:09	19:00:17	19:00:20	0:32:09	0:15:10	19:15:26
311	213	38	39 Men Master(50 or above)	M715	6650 LAU CHUN KAI	0:47:32	0:47:18	19:00:17	19:00:30	0:47:18	0:26:04	19:26:20
111	100	14	17 Men Master(50 or above)	M716	6651 FAN Sai Lok ,Tony	0:37:54	0:37:30	19:00:17	19:00:41	0:37:30	0:19:14	19:19:30
153	122	19	16 Men Master(50 or above)	M717	6652 Kelvin Chang	0:40:28	0:40:20	19:00:17	19:00:25	0:40:20	0:19:12	19:19:28
454	267	42	42 Men Master(50 or above)	M718	6653 Chan Fuk Hong	1:00:26	1:00:11	19:00:17	19:00:32	1:00:11	0:28:20	19:28:36
202	157	27	30 Men Master(50 or above)	M719	6654 FOK CHI HUNG	0:42:34	0:40:16	19:00:17	19:02:35	0:40:16	0:22:02	19:22:18
161	127	20	19 Men Master(50 or above)	M720	6655 Leung Pak Yu	0:40:49	0:40:45	19:00:17	19:00:21	0:40:45	0:19:48	19:20:04
257	188	34	34 Men Master(50 or above)	M721	6656 FOK Lok Sang	0:44:58	0:44:34	19:00:17	19:00:41	0:44:34	0:23:04	19:23:20
144	116	17	22 Men Master(50 or above)	M722	6657 LEUNG KA FAI	0:39:43	0:39:18	19:00:17	19:00:42	0:39:18	0:20:33	19:20:49
433	259	41	40 Men Master(50 or above)	M723	6658 Chic Yun Sang	0:57:08	0:56:44	19:00:17	19:00:41	0:56:44	0:27:06	19:27:22
216	166	30	34 Men Master(50 or above)	M724	6659 Ng Siu Loui	0:43:16	0:42:52	19:00:17	19:00:41	0:42:52	0:23:04	19:23:20
413	252	40	41 Men Master(50 or above)	M726	6661 Lai Yan Kwong	0:54:34	0:53:50	19:00:17	19:01:01	0:53:50	0:28:13	19:28:29
30	28	4	7 Men Master(50 or above)	M727	6662 Chan Kam Sang	0:32:08	0:32:07	19:00:17	19:00:18	0:32:07	0:15:43	19:15:59
118	102	15	13 Men Master(50 or above)	M728	6663 Lee yun lam	0:38:09	0:38:02	19:00:17	19:00:24	0:38:02	0:18:45	19:19:01
100	92	12	14 Men Master(50 or above)	M729	6664 Chui Shiu Bun Albert	0:37:13	0:37:06	19:00:17	19:00:24	0:37:06	0:18:51	19:19:07
274	198	36	36 Men Master(50 or above)	M730	6665 LI Shu Ki	0:45:40	0:45:16	19:00:17	19:00:41	0:45:16	0:23:05	19:23:21
86	78	11	11 Men Master(50 or above)	M731	6666 Lee Tak Yin	0:36:38	0:36:32	19:00:17	19:00:23	0:36:32	0:17:37	19:17:53
152	121	18	18 Men Master(50 or above)	M732	6667 woo chi keung	0:40:21	0:40:20	19:00:17	19:00:17	0:40:20	0:19:38	19:19:54
457	268	43	43 Men Master(50 or above)	M733	6668 Cheung Chi Wai Terence	1:00:41	1:00:33	19:00:17	19:00:25	1:00:33	0:30:12	19:30:28
268	196	35	31 Men Master(50 or above)	M734	6669 馮藝明	0:45:33	0:45:20	19:00:17	19:00:29	0:45:20	0:22:26	19:22:42
36	34	8	8 Men Master(50 or above)	M736	6671 LEUNG YAU WING	0:32:36	0:32:32	19:00:17	19:00:22	0:32:32	0:16:02	19:16:18
171	135	22	20 Men Master(50 or above)	M737	6672 CHEUNG KWOK KEUNG	0:41:04	0:40:59	19:00:17	19:00:22	0:40:59	0:20:30	19:20:46
181	143	24	25 Men Master(50 or above)	M738	6673 TING YAU LUN	0:41:39	0:41:34	19:00:17	19:00:23	0:41:34	0:21:00	19:21:16
249	184	33	33 Men Master(50 or above)	M739	6674 LEE Kwok On Matthew	0:44:41	0:44:23	19:00:17	19:00:35	0:44:23	0:22:54	19:23:10
192	150	26	24 Men Master(50 or above)	M740	6675 Yung Chi Wai	0:42:11	0:41:58	19:00:17	19:00:30	0:41:58	0:20:55	19:21:11
172	136	23	23 Men Master(50 or above)	M741	6676 Chiu Tat Man	0:41:10	0:40:54	19:00:17	19:00:33	0:40:54	0:20:47	19:21:03
170	134	21	20 Men Master(50 or above)	M742	56901 YU KING TIM	0:41:03	0:40:57	19:00:17	19:00:23	0:40:57	0:20:30	19:20:46
212	162	28	27 Men Master(50 or above)	M743	56902 Chan Yiu Kwong	0:42:53	0:42:26	19:00:17	19:00:44	0:42:26	0:21:15	19:21:31
3	2	1	2 Men Master(50 or above)	M745	56904 Lam Ching Shan	0:27:42	0:27:41	19:00:17	19:00:18	0:27:41	0:13:39	19:13:55
5	4	2	1 Men Master(50 or above)	M746	56905 林熾參	0:28:15	0:28:15	19:00:17	19:00:17	0:28:15	0:13:37	19:13:53
119	103	16	15 Men Master(50 or above)	M747	56906 Chan Wan Shong	0:38:11	0:38:09	19:00:17	19:00:18	0:38:09	0:19:11	19:19:27
214	164	29	29 Men Master(50 or above)	M748	56907 Lee Chung Sum	0:43:09	0:43:07	19:00:17	19:00:19	0:43:07	0:21:48	19:22:04
41	38	9	9 Men Master(50 or above)	M749	56908 李光	0:33:44	0:33:44	19:00:17	19:00:17	0:33:44	0:16:54	19:17:10
247	182	32	26 Men Master(50 or above)	M750	56909 So Ping Ki Richard	0:44:40	0:44:36	19:00:17	19:00:21	0:44:36	0:21:10	19:21:26
477	274	51	48 Men Open	MO01	6677 Tse Siu Pong	1:05:00	1:04:41	19:00:17	19:00:37	1:04:41	0:31:38	19:31:54
478	173	35	35 Women Open	MO02	6678 Lee Pui Ki Peggy	1:05:01	1:04:42	19:00:17	19:00:35	1:04:42	0:31:39	19:31:55
475	273	50	51 Men Open	MO03	6679 Lee Ka Cheung Ace	1:04:40	1:04:06	19:00:17	19:00:50	1:04:06	0:33:56	19:34:12
442	263	47	50 Men Open	MO04	6680 Tse Wan Kin	0:58:32	0:48:43	19:00:17	19:10:06	0:48:43	0:33:00	19:33:16
178	141	17 Missing CP Time	Men Open	MO05	6681 William Brocklehurst	0:41:29	0:40:51	19:00:17	19:00:55	0:40:51	Missing CP Time	
306	211	30	30 Men Open	MO06	6682 Wong Kim Chuen	0:47:10	0:46:48	19:00:17	19:00:39	0:46:48	0:23:08	19:23:24
439	262	46	44 Men Open	MO07	6683 Yeung Ling Yat	0:58:20	0:57:53	19:00:17	19:00:44	0:57:53	0:28:31	19:28:47
346	226	36	40 Men Open	MO08	6684 Tse Kin Sing	0:49:45	0:49:26	19:00:17	19:00:36	0:49:26	0:25:49	19:26:05
21	19	3	4 Men Open	MO09	6685 Chan Wing Kin	0:30:24	0:30:21	19:00:17	19:00:19	0:30:21	0:14:48	19:15:04
350	227	37	27 Men Open	MO10	6686 Chan Ching Hong	0:49:54	0:49:38	19:00:17	19:00:33	0:49:38	0:22:28	19:22:44
330	220	35	25 Men Open	MO11	6687 Lee Chun Sing	0:48:53	0:48:38	19:00:17	19:00:33	0:48:38	0:22:12	19:22:28
210	161	20	18 Men Open	MO12	6688 Lee Wai Chung	0:42:50	0:42:09	19:00:17	19:00:58	0:42:09	0:21:15	19:21:31
359	231	39	42 Men Open	MO13	6689 Wong Kwok Kit	0:50:23	0:50:11	19:00:17	19:00:29	0:50:11	0:27:16	19:27:32
399	248	44	43 Men Open	MO14	6690 YIP Wai Keung	0:53:27	0:53:15	19:00:17	19:00:29	0:53:15	0:27:17	19:27:33
381	241	41	33 Men Open	MO15	6691 Ng Man Him	0:51:41	0:51:24	19:00:17	19:00:33	0:51:24	0:23:54	19:24:10
314	214	32	31 Men Open	MO17	6693 Tsui Wai Man	0:47:54	0:47:32	19:00:17	19:00:39	0:47:32	0:23:35	19:23:51
146	118	12	12 Men Open	MO18	6694 Yan ka yee Ricky	0:39:53	0:39:31	19:00:17	19:00:38	0:39:31	0:20:06	19:20:22
390	244	43	38 Men Open	MO19	6695 Tsui Tze Long	0:52:22	0:51:57	19:00:17	19:00:43	0:51:57	0:24:30	19:24:46
28	26	4	6 Men Open	MO20	6696 TSE FU MING	0:31:36	0:31:05	19:00:17	19:00:49	0:31:05	0:15:50	19:16:06
194	152	18	23 Men Open	MO21	6697 KAM Iat Seng , Vincent	0:42:13	0:41:52	19:00:17	19:00:38	0:41:52	0:22:02	19:22:17
145	117	11	14 Men Open	MO22	6698 Tang Wai Tong	0:39:49	0:39:27	19:00:17	19:00:39	0:39:27	0:20:11	19:20:27
169	133	15	13 Men Open	MO23	6699 Lun Hon Fan	0:41:01	0:40:33	19:00:17	19:00:45	0:40:33	0:20:09	19:20:25
127	106	10	10 Men Open	MO24	6700 ng chi yee andy	0:38:40	0:38:31	19:00:17	19:00:26	0:38:31	0:19:16	19:19:32
434	260	45	45 Men Open	MO25	6701 Lee yun pui	0:57:34	0:57:09	19:00:17	19:00:42	0:57:09	0:28:37	19:28:53
352	228	38	41 Men Open	MO26	6702 Lam Fat Hung Ringco	0:50:02	0:49:48	19:00:17	19:00:31	0:49:48	0:26:25	19:26:41

51	48	7	9 Men Open	MO27	6703 TAM YU SUM	0:34:49	0:34:23	19:00:17	19:00:43	0:34:23	0:19:06	19:19:22
89	81	8	7 Men Open	MO28	6704 Wu Ka Ming Alexander	0:36:45	0:36:41	19:00:17	19:00:20	0:36:41	0:17:40	19:17:56
327	219	34	24 Men Open	MO29	6705 Leung chak fung	0:48:42	0:48:40	19:00:17	19:00:19	0:48:40	0:22:06	19:22:22
446	265	48	47 Men Open	MO31	6707 NG WAI KIT	0:59:11	0:58:45	19:00:17	19:00:43	0:58:45	0:30:32	19:30:48
158	124	13	17 Men Open	MO32	6708 Ngan Kar Leung Paul	0:40:45	0:40:31	19:00:17	19:00:31	0:40:31	0:20:46	19:21:02
1	1	1	1 Men Open	MO33	6709 yeung wing ho	0:27:26	0:27:26	19:00:17	19:00:17	0:27:26	0:13:37	19:13:53
37	35	6	5 Men Open	MO34	6710 Cheung Wing Lok	0:32:50	0:32:48	19:00:17	19:00:18	0:32:48	0:15:43	19:15:59
318	216	33	35 Men Open	MO35	6711 Ma Kwok wah	0:48:11	0:47:27	19:00:17	19:01:01	0:47:27	0:24:05	19:24:21
269	197	26	20 Men Open	MO36	6712 CHAN CHI WAH	0:45:34	0:45:11	19:00:17	19:00:40	0:45:11	0:21:33	19:21:49
307	212	31	25 Men Open	MO37	6713 TSANG MAN FUNG	0:47:21	0:47:13	19:00:17	19:00:26	0:47:13	0:22:12	19:22:28
103	94	9	8 Men Open	MO38	6714 Tommy Siu	0:37:21	0:37:12	19:00:17	19:00:26	0:37:12	0:18:34	19:18:50
177	140	16	15 Men Open	MO39	6715 KO HIN CHEONG	0:41:29	0:41:20	19:00:17	19:00:26	0:41:20	0:20:12	19:20:28
29	27	5	2 Men Open	MO40	6716 AU HIU FAI	0:32:01	0:32:00	19:00:17	19:00:19	0:32:00	0:14:40	19:14:56
389	243	42	39 Men Open	MO41	56910 CHAN KIM HUNG	0:52:15	0:51:57	19:00:17	19:00:34	0:51:57	0:25:14	19:25:30
234	175	22	36 Men Open	MO42	56911 MA CHING HEI	0:44:17	0:43:49	19:00:17	19:00:45	0:43:49	0:24:13	19:24:29
488	277	53	Missing CP Time Men Open	MO44	56913 Wong Chin Ching	1:13:59		19:00:17			Missing CP Time	
258	189	24	28 Men Open	MO45	56914 Cheng Kam Hung Arthur	0:45:02	0:44:49	19:00:17	19:00:30	0:44:49	0:22:32	19:22:48
481	275	52	49 Men Open	MO46	56915 chan ka ho	1:06:05	1:05:40	19:00:17	19:00:42	1:05:40	0:32:01	19:32:17
377	238	40	32 Men Open	MO47	56916 Ting Chin Man Gary	0:51:23	0:51:11	19:00:17	19:00:29	0:51:11	0:23:50	19:24:06
288	202	28	37 Men Open	MO49	56918 NG TAK WAI	0:46:09	0:45:58	19:00:17	19:00:28	0:45:58	0:24:14	19:24:30
252	186	23	22 Men Open	MO50	56919 Chung nga hong (Jason)	0:44:44	0:43:34	19:00:17	19:01:27	0:43:34	0:22:00	19:22:16
163	128	14	11 Men Open	MO51	56920 Ngai Hon Kit Rambo	0:40:51	0:40:40	19:00:17	19:00:28	0:40:40	0:19:38	19:19:54
296	206	29	21 Men Open	MO52	56921 Ng Hing Yu Ronald	0:46:23	0:46:13	19:00:17	19:00:27	0:46:13	0:21:38	19:21:54
203	158	19	16 Men Open	MO53	56922 Poon chi kit	0:42:36	0:41:27	19:00:17	19:01:27	0:41:27	0:20:14	19:20:30
265	193	25	29 Men Open	MO54	56923 Wong Yan Ho Ricky	0:45:26	0:44:17	19:00:17	19:01:26	0:44:17	0:22:52	19:23:08
285	200	27	34 Men Open	MO55	56924 Tsang Siu Ting	0:46:08	0:45:57	19:00:17	19:00:28	0:45:57	0:23:56	19:24:12
231	174	21	19 Men Open	MO56	56925 Ting Sze Pok	0:44:02	0:43:53	19:00:17	19:00:25	0:43:53	0:21:18	19:21:34
458	269	49	46 Men Open	MO57	56926 Leung Wai Hong	1:01:31	1:01:23	19:00:17	19:00:25	1:01:23	0:29:57	19:30:13
15	13	2	3 Men Open	MO59	56928 MARCOS Laurent	0:29:58	0:29:49	19:00:17	19:00:26	0:29:49	0:14:41	19:14:57
166	131	14	14 Men Team	MT1a	6717 TAK CHUEN MA	0:40:55	0:40:51	19:00:17	19:00:21	0:40:51	0:19:44	19:20:00
44	41	6	5 Men Team	MT1b	6718 HOP FEI LAM	0:33:50	0:33:48	19:00:17	19:00:20	0:33:48	0:16:48	19:17:04
61	58	10	6 Men Team	MT1c	6719 WAI LAU	0:35:12	0:35:10	19:00:17	19:00:20	0:35:10	0:16:49	19:17:05
94	86	11	9 Men Team	MT1d	6720 YU PENG RAYMOND LEW	0:36:59	0:36:54	19:00:17	19:00:22	0:36:54	0:17:30	19:17:46
438	261	16	16 Men Team	MT2a	6721 Kenyon Ho	0:58:17	0:36:09	19:00:17	19:22:25	0:36:09	0:39:24	19:39:40
125	105	13	13 Men Team	MT2b	6722 Johnny Tang	0:38:30	0:38:15	19:00:17	19:00:32	0:38:15	0:19:36	19:19:52
50	47	8	8 Men Team	MT2c	6723 Kenneth Chan	0:34:42	0:34:28	19:00:17	19:00:31	0:34:28	0:17:11	19:17:26
53	50	9	11 Men Team	MT2d	6724 Ron Kwok	0:34:50	0:34:35	19:00:17	19:00:32	0:34:35	0:18:23	19:18:39
43	40	5	7 Men Team	MT3a	6725 Ka kuen CHU	0:33:49	0:33:41	19:00:17	19:00:25	0:33:41	0:16:51	19:17:07
46	43	7	9 Men Team	MT3b	6726 Hiu pang WONG	0:34:03	0:33:52	19:00:17	19:00:29	0:33:52	0:17:30	19:17:46
99	91	12	12 Men Team	MT3c	6727 Tsz Yeung Ho	0:37:08	0:36:58	19:00:17	19:00:27	0:36:58	0:19:02	19:19:18
260	190	15	15 Men Team	MT3d	6728 Pak Sing LEUNG	0:45:12	0:45:12	19:00:17	19:00:27	0:45:12	0:21:16	19:21:32
18	16	2	1 Men Team	MT4a	6729 Chi him Cheung	0:30:13	0:30:10	19:00:17	19:00:21	0:30:10	0:14:43	19:14:59
17	15	1	2 Men Team	MT4b	6730 Kin wai Yip	0:30:10	0:30:06	19:00:17	19:00:21	0:30:06	0:14:44	19:15:00
24	22	4	4 Men Team	MT4c	6731 Ka shun Li	0:30:45	0:30:40	19:00:17	19:00:22	0:30:40	0:14:47	19:15:03
23	21	3	3 Men Team	MT4d	6732 Wai chun Cheng	0:30:29	0:30:24	19:00:17	19:00:22	0:30:24	0:14:46	19:15:02
132		9	7 Mixed Team	MX1a	6733 Annie Chung	0:38:55	0:38:51	19:00:17	19:00:20	0:38:51	0:19:03	19:19:19
133		10	9 Mixed Team	MX1b	6734 Janice Wong	0:38:58	0:38:54	19:00:17	19:00:21	0:38:54	0:19:26	19:19:42
148		12	14 Mixed Team	MX1c	6735 Kelvin Kwok	0:40:04	0:40:00	19:00:17	19:00:21	0:40:00	0:20:11	19:20:27
436		24	21 Mixed Team	MX1d	6736 Eve Chu	0:57:57	0:57:53	19:00:17	19:00:21	0:57:53	0:27:59	19:28:15
400		22	19 Mixed Team	MX2a	6737 Yeung Ka Li	0:53:29	0:53:21	19:00:17	19:00:25	0:53:21	0:26:08	19:26:24
190		15	15 Mixed Team	MX2b	6738 Lee Mau Ki Derek	0:42:08	0:41:59	19:00:17	19:00:26	0:41:59	0:20:21	19:20:37
128		7	8 Mixed Team	MX2c	6739 Siu Tong Lam	0:38:41	0:38:32	19:00:17	19:00:26	0:38:32	0:19:09	19:19:25
154		13	11 Mixed Team	MX2d	6740 Lai Yan Choi	0:40:29	0:40:20	19:00:17	19:00:26	0:40:20	0:19:39	19:19:54
309		19	22 Mixed Team	MX3a	6741 Leung Chin Hei	0:47:26	0:40:11	19:00:17	19:07:32	0:40:11	0:28:13	19:28:29
376		21	23 Mixed Team	MX3b	6742 Cindy Yuen	0:51:18	0:44:03	19:00:17	19:07:32	0:44:03	0:29:13	19:29:29
325		20	20 Mixed Team	MX3c	6743 Pak Hung Jonathan	0:48:30	0:41:15	19:00:17	19:07:32	0:41:15	0:27:04	19:27:20
411		23	24 Mixed Team	MX3d	6744 Kin Wing Lei	0:54:28	0:47:17	19:00:17	19:07:28	0:47:17	0:29:42	19:29:58
116		6	6 Mixed Team	MX4a	6745 Valerie Cheah Ying Ming	0:38:02	0:37:46	19:00:17	19:00:33	0:37:46	0:18:49	19:19:05
105		5	5 Mixed Team	MX4b	6746 Wan Chen Ong	0:37:25	0:37:09	19:00:17	19:00:32	0:37:09	0:18:44	19:19:00
155		14	11 Mixed Team	MX4c	6747 Aneurin Lin	0:40:37	0:40:20	19:00:17	19:00:34	0:40:20	0:19:39	19:19:55
147		11	13 Mixed Team	MX4d	6748 Ming Zhao Chia	0:40:00	0:39:45	19:00:17	19:00:32	0:39:45	0:20:01	19:20:17
206		17	17 Mixed Team	MX5a	56929 Som Choi Fuag	0:42:40	0:42:22	19:00:17	19:00:35	0:42:22	0:21:13	19:21:29
195		16	16 Mixed Team	MX5b	56930 Wong Wan Ho	0:42:15	0:41:57	19:00:17	19:00:35	0:41:57	0:20:40	19:20:56
272		18	18 Mixed Team	MX5c	56931 Mui Ching Man	0:45:35	0:45:19	19:00:17	19:00:33	0:45:19	0:21:40	19:21:56
131		8	10 Mixed Team	MX5d	56932 Ng Yuk Ting	0:38:52	0:38:36	19:00:17	19:00:34	0:38:36	0:19:38	19:19:54
2		1	1 Mixed Team	MX6a	56933 Cheung Kei Fung Kevin	0:27:34	0:27:33	19:00:17	19:00:18	0:27:33	0:13:57	19:14:13

10		2	2 Mixed Team	MX6b	56934 Tsoi Chun Hoi	0:29:47	0:29:46	19:00:17	19:00:18	0:29:46	0:14:02	19:14:18
39		3	3 Mixed Team	MX6c	56935 Lai Chun Kit	0:33:25	0:33:23	19:00:17	19:00:20	0:33:23	0:16:46	19:17:02
77		4	4 Mixed Team	MX6d	56936 HSU LAI KUEN MAGGIE	0:35:54	0:35:52	19:00:17	19:00:19	0:35:52	0:17:13	19:17:29
12	10	1	1 Men Junior	MY901	6749 Chan Shun Hang, Henry	0:29:50	0:29:50	19:00:17	19:00:17	0:29:50	0:14:47	19:15:03
38	36	2	2 Men Junior	MY902	6750 陳鎮榮	0:32:56	0:32:51	19:00:17	19:00:21	0:32:51	0:16:27	19:16:43
175	139	3	4 Men Junior	MY903	56937 EDGAR L MARTIN	0:41:23	0:41:21	19:00:17	19:00:19	0:41:21	0:20:03	19:20:19
235	176	4	3 Men Junior	MY904	56938 NGAN LING HIN	0:44:19	0:44:12	19:00:17	19:00:25	0:44:12	0:19:59	19:20:15
198	27	4	4 Women Team	TW2a	6916 WONG Yee Man	0:42:24	0:42:16	19:00:17	19:00:25	0:42:16	0:20:24	19:20:40
232	39	5	5 Women Team	TW2b	6917 Liu Miu Lin	0:44:06	0:43:59	19:00:17	19:00:24	0:43:59	0:20:56	19:21:12
369	113	7	7 Women Team	TW2c	71999 Louisa Lau	0:50:59	0:50:51	19:00:17	19:00:24	0:50:51	0:24:16	19:24:32
371	115	8	7 Women Team	TW2d	72000 LAU King Tak	0:50:59	0:50:52	19:00:17	19:00:24	0:50:52	0:24:16	19:24:32
493	279	3	3 視障組 (男子)	VP101	6751 Wan Ka Wai	1:20:59	1:20:26	19:00:17	19:00:50	1:20:26	0:40:03	19:40:19
220	168	1	1 視障組 (男子)	VP102	6752 Chan Fai Ming	0:43:27	0:43:26	19:00:17	19:00:18	0:43:26	0:19:28	19:19:44
421	255	2	2 視障組 (男子)	VP103	6753 Yue Oi Man	0:55:22	0:54:48	19:00:17	19:00:51	0:54:48	0:28:02	19:28:18
447	5	5	4 視障組 (女子)	VP201	6754 Cheung Siu Ling	0:59:33	0:59:06	19:00:17	19:00:44	0:59:06	0:29:15	19:29:31
394	3	3	3 視障組 (女子)	VP202	6755 Cho Yuen Ni	0:53:00	0:52:28	19:00:17	19:00:49	0:52:28	0:26:26	19:26:41
157	1	1	1 視障組 (女子)	VP203	6756 WANG Suk Yu	0:40:42	0:40:39	19:00:17	19:00:19	0:40:39	0:19:21	19:19:37
208	2	2	2 視障組 (女子)	VP204	6757 Kuang Yue Man	0:42:48	0:42:29	19:00:17	19:00:36	0:42:29	0:21:54	19:22:10
451	6	6	6 視障組 (女子)	VP205	6758 SAMRID Wongchan	1:00:00	0:59:26	19:00:17	19:00:51	0:59:26	0:30:06	19:30:22
463	7	7	7 視障組 (女子)	VP206	6759 Wan Suk Har	1:02:03	1:01:27	19:00:17	19:00:53	1:01:27	0:31:31	19:31:47
408	4	4	5 視障組 (女子)	VP207	6760 Chan Yuet Ying	0:54:01	0:53:23	19:00:17	19:00:55	0:53:23	0:29:17	19:29:33
490	8	8	8 視障組 (女子)	VP208	6761 Wong Mei Sin	1:14:54	1:14:18	19:00:17	19:00:53	1:14:18	0:37:13	19:37:29
273	56	6	8 Women Senior(18-29)	W201	6762 Cheung Yin Ting	0:45:35	0:45:19	19:00:17	19:00:34	0:45:19	0:22:14	19:22:30
347	99	19	10 Women Senior(18-29)	W202	6763 cheung kate	0:49:48	0:49:43	19:00:17	19:00:22	0:49:43	0:22:36	19:22:52
405	130	26	19 Women Senior(18-29)	W203	6764 fung wan ying	0:53:49	0:53:31	19:00:17	19:00:34	0:53:31	0:24:48	19:25:03
282	63	10	9 Women Senior(18-29)	W204	6765 Wong Choi Yee	0:46:06	0:45:56	19:00:17	19:00:27	0:45:56	0:22:31	19:22:47
278	60	8	18 Women Senior(18-29)	W205	6766 YIP WING SHAN	0:45:59	0:45:30	19:00:17	19:00:46	0:45:30	0:24:19	19:24:35
293	69	12	12 Women Senior(18-29)	W206	6767 ly pui yuk macky	0:46:16	0:45:32	19:00:17	19:01:01	0:45:32	0:22:53	19:23:09
420	139	29	29 Women Senior(18-29)	W207	6768 Elsa Ly	0:55:13	0:54:47	19:00:17	19:00:43	0:54:47	0:27:01	19:27:17
304	75	13	10 Women Senior(18-29)	W208	6769 CHUNG MEI KEI	0:47:00	0:46:53	19:00:17	19:00:24	0:46:53	0:22:36	19:22:52
386	121	23	23 Women Senior(18-29)	W209	6770 Kwok Chun Tung	0:52:01	0:51:49	19:00:17	19:00:29	0:51:49	0:25:34	19:25:50
340	94	17	17 Women Senior(18-29)	W210	6771 Lee Siu Man Lee	0:49:26	0:49:14	19:00:17	19:00:29	0:49:14	0:24:02	19:24:18
341	95	18	16 Women Senior(18-29)	W211	6772 LAW CHUI YAN	0:49:28	0:49:15	19:00:17	19:00:30	0:49:15	0:24:01	19:24:17
251	47	5	7 Women Senior(18-29)	W212	6773 Wong Mei Sheung	0:44:43	0:44:28	19:00:17	19:00:32	0:44:28	0:21:50	19:22:06
62	1	1	1 Women Senior(18-29)	W214	6775 Suen Yee Ting	0:35:13	0:35:07	19:00:17	19:00:23	0:35:07	0:17:03	19:17:19
329	88	15	15 Women Senior(18-29)	W216	6777 lo ho yi	0:48:50	0:48:34	19:00:17	19:00:33	0:48:34	0:23:16	19:23:32
315	80	14	20 Women Senior(18-29)	W217	6778 TSE KA YAN	0:47:58	0:47:41	19:00:17	19:00:34	0:47:41	0:25:01	19:25:17
354	104	20	20 Women Senior(18-29)	W218	6779 Yim Hoi Ying Celia	0:50:05	0:49:48	19:00:17	19:00:34	0:49:48	0:25:01	19:25:17
367	112	22	27 Women Senior(18-29)	W219	6780 LAM MAN YI	0:50:47	0:50:27	19:00:17	19:00:37	0:50:27	0:26:44	19:27:00
366	111	21	27 Women Senior(18-29)	W220	6781 KWOK KA PO	0:50:46	0:50:26	19:00:17	19:00:37	0:50:26	0:26:44	19:27:00
424	141	30	26 Women Senior(18-29)	W221	6782 LAU LAI IN	0:55:26	0:54:49	19:00:17	19:00:54	0:54:49	0:26:42	19:26:58
332	89	16	14 Women Senior(18-29)	W222	6783 Cheng Wai Shan	0:48:56	0:48:40	19:00:17	19:00:33	0:48:40	0:22:56	19:23:12
246	46	4	4 Women Senior(18-29)	W223	6784 Tse Pui Ying Priscilla	0:44:40	0:44:23	19:00:17	19:00:33	0:44:23	0:21:11	19:21:27
407	131	27	31 Women Senior(18-29)	W224	6785 Yip Tak Pui	0:53:55	0:53:30	19:00:17	19:00:42	0:53:30	0:27:36	19:27:52
409	132	28	30 Women Senior(18-29)	W225	6786 HO MEI YAN	0:54:14	0:53:55	19:00:17	19:00:36	0:53:55	0:27:13	19:27:29
207	30	2	3 Women Senior(18-29)	W226	6787 Lee Shing Yan	0:42:41	0:42:28	19:00:17	19:00:30	0:42:28	0:20:49	19:21:05
470	169	35	35 Women Senior(18-29)	W227	6788 Leung Shuk yee	1:03:41	1:02:59	19:00:17	19:00:59	1:02:59	0:33:06	19:33:22
466	165	34	34 Women Senior(18-29)	W228	6789 Lui Ming Yui	1:02:28	1:02:20	19:00:17	19:00:25	1:02:20	0:30:34	19:30:50
449	155	32	33 Women Senior(18-29)	W229	6790 Chan Ching Ching	0:59:46	0:59:08	19:00:17	19:00:55	0:59:08	0:30:15	19:30:31
219	33	3	6 Women Senior(18-29)	W230	6791 Gillian Sarah Bentley	0:43:22	0:43:04	19:00:17	19:00:36	0:43:04	0:21:47	19:22:03
396	126	24	22 Women Senior(18-29)	W231	6792 YU HIU MAN	0:53:08	0:52:43	19:00:17	19:00:42	0:52:43	0:25:05	19:25:21
277	59	7	2 Women Senior(18-29)	W233	6794 Chong Ting Ting	0:45:56	0:45:52	19:00:17	19:00:20	0:45:52	0:20:25	19:20:41
432	147	31	31 Women Senior(18-29)	W234	56939 Wong Kwan Lam	0:56:39	0:56:21	19:00:17	19:00:34	0:56:21	0:27:36	19:27:52
453	157	33	25 Women Senior(18-29)	W235	56940 Ng Ka Ki	1:00:13	1:00:02	19:00:17	19:00:28	1:00:02	0:26:41	19:26:57
401	128	25	24 Women Senior(18-29)	W236	56941 CHOW WAN YIN	0:53:32	0:53:20	19:00:17	19:00:30	0:53:20	0:26:00	19:26:16
115	9	1	2 Women Master(30-39)	W402	6796 Tsang Ting Chi	0:38:02	0:37:44	19:00:17	19:00:34	0:37:44	0:19:32	19:19:48
326	86	22	28 Women Master(30-39)	W403	6797 Tao Man Chee	0:48:39	0:48:22	19:00:17	19:00:34	0:48:22	0:24:53	19:25:09
275	57	12	17 Women Master(30-39)	W404	6798 SIU KIN YEE	0:45:48	0:45:41	19:00:17	19:00:23	0:45:41	0:23:12	19:23:28
229	38	7	13 Women Master(30-39)	W405	6799 Chung Hiu Sze	0:44:01	0:43:45	19:00:17	19:00:32	0:43:45	0:22:16	19:22:32
322	83	20	26 Women Master(30-39)	W406	6800 Wan Shuk Kwan	0:48:26	0:48:07	19:00:17	19:00:36	0:48:07	0:24:46	19:25:02
373	116	30	30 Women Master(30-39)	W408	6802 Ng Pak Ki	0:51:08	0:50:48	19:00:17	19:00:37	0:50:48	0:25:22	19:25:38
224	35	4	5 Women Master(30-39)	W409	6803 Ma Chau Ha	0:43:33	0:43:26	19:00:17	19:00:24	0:43:26	0:21:44	19:22:00
259	51	11	6 Women Master(30-39)	W410	6804 YUNG NUEN TUNG JASMIN	0:45:12	0:45:07	19:00:17	19:00:22	0:45:07	0:21:48	19:22:04
469	168	46	43 Women Master(30-39)	W411	6805 WONG KUEN	1:03:24	1:03:10	19:00:17	19:00:31	1:03:10	0:30:02	19:30:18
362	108	28	29 Women Master(30-39)	W412	6806 Kwan Pui Ting Peggy	0:50:24	0:50:13	19:00:17	19:00:28	0:50:13	0:25:09	19:25:25
474	171	48	45 Women Master(30-39)	W413	6807 LEUNG CHUNG MEI	1:04:28	1:04:09	19:00:17	19:00:36	1:04:09	0:31:18	19:31:33

256	50	10	9 Women Master(30-39)	W414	6808 Lai Sin Yee	0:44:57	0:44:45	19:00:17	19:00:29	0:44:45	0:21:53	19:22:09
349	101	26	20 Women Master(30-39)	W415	6809 Ling Wing Fan	0:49:52	0:49:40	19:00:17	19:00:29	0:49:40	0:23:54	19:24:10
320	82	19	21 Women Master(30-39)	W416	6810 Chow Ka Wing	0:48:20	0:47:37	19:00:17	19:01:00	0:47:37	0:24:04	19:24:20
461	162	44	46 Women Master(30-39)	W417	6811 Lau Shuk Yee	1:02:00	1:01:43	19:00:17	19:00:34	1:01:43	0:31:52	19:32:08
452	156	42	44 Women Master(30-39)	W418	6812 Wong Ting Kwan	1:00:12	0:59:44	19:00:17	19:00:44	0:59:44	0:30:09	19:30:25
397	127	32	27 Women Master(30-39)	W419	6813 SAYAKA NG	0:53:10	0:53:09	19:00:17	19:00:19	0:53:09	0:24:52	19:25:08
387	122	31	31 Women Master(30-39)	W420	6814 Choi Sze Ting	0:52:11	0:52:00	19:00:17	19:00:28	0:52:00	0:25:26	19:25:42
431	146	38	36 Women Master(30-39)	W421	6815 LEUNG PUI YIN	0:56:26	0:56:04	19:00:17	19:00:39	0:56:04	0:26:46	19:27:02
225	36	5	4 Women Master(30-39)	W422	6816 Chan Wing Lok	0:43:41	0:43:22	19:00:17	19:00:36	0:43:22	0:20:50	19:21:06
402	129	33	34 Women Master(30-39)	W424	6818 CHAN YI LAN	0:53:35	0:53:14	19:00:17	19:00:38	0:53:14	0:25:58	19:26:14
357	106	27	19 Women Master(30-39)	W426	6820 Wong Sin Yee Sandra	0:50:13	0:50:06	19:00:17	19:00:23	0:50:06	0:23:45	19:24:01
448	154	41	48 Women Master(30-39)	W427	6821 Poon Ho Ying Irene	0:59:34	0:40:01	19:00:17	19:19:50	0:40:01	0:39:31	19:39:47
343	97	25	22 Women Master(30-39)	W428	6822 Chung Man Chi Christina	0:49:37	0:49:16	19:00:17	19:00:38	0:49:16	0:24:08	19:24:24
444	152	40	37 Women Master(30-39)	W429	6823 Wong lai ha	0:59:01	0:58:28	19:00:17	19:00:50	0:58:28	0:27:39	19:27:55
472	170	47	47 Women Master(30-39)	W430	6824 Wan Yuen Chun	1:03:56	1:03:24	19:00:17	19:00:49	1:03:24	0:32:33	19:32:49
276	58	13	10 Women Master(30-39)	W431	6825 Wong Chung Wai	0:45:54	0:45:31	19:00:17	19:00:39	0:45:31	0:21:55	19:22:11
313	79	18	8 Women Master(30-39)	W432	6826 Chan Wing Shan	0:47:52	0:47:35	19:00:17	19:00:34	0:47:35	0:21:51	19:22:07
334	90	23	25 Women Master(30-39)	W434	6828 Yeo Lam	0:49:03	0:48:39	19:00:17	19:00:41	0:48:39	0:24:17	19:24:33
226	37	6	11 Women Master(30-39)	W435	6829 Chan ka yi	0:43:43	0:43:32	19:00:17	19:00:28	0:43:32	0:22:01	19:22:17
440	150	39	41 Women Master(30-39)	W436	6830 Fu Hiu Wun	0:58:22	0:57:55	19:00:17	19:00:43	0:57:55	0:29:17	19:29:33
465	164	45	42 Women Master(30-39)	W437	6831 Wong Suet Kan	1:02:24	1:02:01	19:00:17	19:00:40	1:02:01	0:29:47	19:30:03
417	136	35	35 Women Master(30-39)	W438	6832 WONG LI LEE	0:54:50	0:54:34	19:00:17	19:00:33	0:54:34	0:26:32	19:26:48
455	158	43	40 Women Master(30-39)	W439	6833 Wong Kwok Ning	1:00:28	1:00:23	19:00:17	19:00:23	1:00:23	0:28:48	19:29:04
255	49	9	6 Women Master(30-39)	W440	6834 Poon Lai Ting	0:44:48	0:44:23	19:00:17	19:00:42	0:44:23	0:21:48	19:22:04
300	73	16	16 Women Master(30-39)	W441	6835 Tang Lai Ming	0:46:48	0:46:23	19:00:17	19:00:42	0:46:23	0:23:03	19:23:19
426	142	36	38 Women Master(30-39)	W443	6837 Rocio Lopez Pinero	0:55:38	0:55:03	19:00:17	19:00:52	0:55:03	0:27:55	19:28:11
140	18	2	1 Women Master(30-39)	W444	6838 Leung Ho yan	0:39:30	0:39:17	19:00:17	19:00:30	0:39:17	0:19:08	19:19:24
323	84	21	12 Women Master(30-39)	W445	6839 Mak Wing Man	0:48:27	0:48:20	19:00:17	19:00:24	0:48:20	0:22:12	19:22:28
254	48	8	15 Women Master(30-39)	W446	6840 TSE Yan Yu	0:44:47	0:44:05	19:00:17	19:00:59	0:44:05	0:22:49	19:23:04
414	135	34	32 Women Master(30-39)	W447	6841 WONG Yuen Ting	0:54:37	0:54:26	19:00:17	19:00:28	0:54:26	0:25:32	19:25:48
427	143	37	39 Women Master(30-39)	W448	6842 Lang Wing Huen	0:55:38	0:55:07	19:00:17	19:00:47	0:55:07	0:28:14	19:28:30
289	67	15	18 Women Master(30-39)	W452	56945 AMY ROBYN KELLY	0:46:09	0:45:57	19:00:17	19:00:29	0:45:57	0:23:24	19:23:40
188	25	3	3 Women Master(30-39)	W454	56947 Lai Kin Pan	0:41:58	0:41:58	19:00:17	19:00:17	0:41:58	0:20:29	19:20:45
270	54	10	9 Women Master(40-49)	W602	6844 Leung Yuet Ho	0:45:34	0:45:08	19:00:17	19:00:43	0:45:08	0:22:32	19:22:48
351	102	17	15 Women Master(40-49)	W603	6845 YIP yee lin , EVA	0:49:56	0:49:45	19:00:17	19:00:28	0:49:45	0:24:11	19:24:27
364	110	18	16 Women Master(40-49)	W604	6846 Chong Him Yee	0:50:28	0:50:24	19:00:17	19:00:21	0:50:24	0:24:23	19:24:39
379	117	19	22 Women Master(40-49)	W605	6847 WONG LAI YEE	0:51:34	0:51:04	19:00:17	19:00:47	0:51:04	0:26:09	19:26:25
441	151	25	25 Women Master(40-49)	W606	6848 Keung Man Ming	0:58:26	0:58:11	19:00:17	19:00:32	0:58:11	0:28:27	19:28:43
189	26	7	8 Women Master(40-49)	W607	6849 IP PUI WA	0:42:02	0:41:42	19:00:17	19:00:37	0:41:42	0:21:49	19:22:05
445	153	26	26 Women Master(40-49)	W609	6851 Mok Yuen Ling Anna	0:59:02	0:58:33	19:00:17	19:00:46	0:58:33	0:29:15	19:29:31
302	74	13	11 Women Master(40-49)	W610	6852 Kwok Wai Ping	0:46:50	0:46:44	19:00:17	19:00:23	0:46:44	0:22:52	19:23:08
410	133	22	23 Women Master(40-49)	W612	6854 Man Yee Mei	0:54:17	0:53:49	19:00:17	19:00:44	0:53:49	0:26:15	19:26:31
312	78	14	21 Women Master(40-49)	W613	6855 LEUNG SHUI HAN	0:47:32	0:47:17	19:00:17	19:00:31	0:47:17	0:26:07	19:26:23
391	124	21	17 Women Master(40-49)	W614	6856 Lo Tsui Tung	0:52:31	0:52:11	19:00:17	19:00:37	0:52:11	0:24:55	19:25:11
299	72	12	10 Women Master(40-49)	W615	6857 Siu Sin Yee	0:46:41	0:46:36	19:00:17	19:00:23	0:46:36	0:22:50	19:23:06
69	3	2	2 Women Master(40-49)	W616	6858 Chan Sze Ching Margaret	0:35:31	0:35:31	19:00:17	19:00:17	0:35:31	0:17:45	19:18:01
482	176	27	27 Women Master(40-49)	W617	6859 Chan wai yan	1:06:45	1:06:33	19:00:17	19:00:30	1:06:33	0:32:37	19:32:53
139	17	5	4 Women Master(40-49)	W618	6860 Chan Kwai Ying	0:39:20	0:39:05	19:00:17	19:00:31	0:39:05	0:19:19	19:19:35
338	93	16	14 Women Master(40-49)	W619	6861 Lau Sze Man	0:49:07	0:49:00	19:00:17	19:00:24	0:49:00	0:23:53	19:24:09
437	149	24	24 Women Master(40-49)	W620	6862 Lee Lai Ping	0:58:16	0:58:10	19:00:17	19:00:23	0:58:10	0:28:19	19:28:35
211	31	8	6 Women Master(40-49)	W621	6863 LEUNG BONNIE BOE YU	0:42:52	0:42:40	19:00:17	19:00:30	0:42:40	0:20:19	19:20:35
271	55	11	13 Women Master(40-49)	W623	6865 Wong Tak Chong Angela	0:45:35	0:45:35	19:00:17	19:00:31	0:45:35	0:23:18	19:23:34
328	87	15	19 Women Master(40-49)	W626	6868 Deng Shu Juan	0:48:45	0:48:16	19:00:17	19:00:46	0:48:16	0:25:25	19:25:41
418	137	23	18 Women Master(40-49)	W627	6869 LEUNG Kam Wai	0:54:51	0:54:27	19:00:17	19:00:42	0:54:27	0:25:24	19:25:40
67	2	1	1 Women Master(40-49)	W628	6870 NG YUEN KING	0:35:25	0:35:23	19:00:17	19:00:19	0:35:23	0:17:36	19:17:52
385	120	20	20 Women Master(40-49)	W629	6871 Wong Wai Yan	0:52:00	0:51:51	19:00:17	19:00:25	0:51:51	0:25:27	19:25:43
184	24	6	7 Women Master(40-49)	W630	6872 Yim Pui Ling Debbie	0:41:52	0:41:44	19:00:17	19:00:25	0:41:44	0:20:21	19:20:37
136	16	4	5 Women Master(40-49)	W631	56948 JESSICA HAU	0:39:09	0:38:43	19:00:17	19:00:44	0:38:43	0:19:52	19:20:08
262	53	9	12 Women Master(40-49)	W632	56949 KWOK WAI YEE , ELSA	0:45:19	0:44:52	19:00:17	19:00:44	0:44:52	0:22:54	19:23:10
124	14	3	3 Women Master(40-49)	W633	56950 Yau Lai Na	0:38:28	0:38:26	19:00:17	19:00:18	0:38:26	0:18:57	19:19:13
485	179	18	19 Women Master(50 or above) W801	W801	6873 Hui Heung Ning Catherine	1:10:13	1:09:38	19:00:17	19:00:52	1:09:38	0:34:02	19:34:18
489	181	20	21 Women Master(50 or above) W802	W802	6874 Li Wai Yin	1:14:38	1:14:08	19:00:17	19:00:47	1:14:08	0:39:10	19:39:26
491	182	21	20 Women Master(50 or above) W803	W803	6875 Lam Sui Ling	1:15:53	1:15:21	19:00:17	19:00:49	1:15:21	0:38:41	19:38:56
486	180	19	18 Women Master(50 or above) W804	W804	6876 Li Kam Sim	1:10:13	1:09:38	19:00:17	19:00:52	1:09:38	0:33:58	19:34:14
476	172	17	17 Women Master(50 or above) W806	W806	6878 Lau Yuk Lin Kathy	1:04:40	1:04:07	19:00:17	19:00:50	1:04:07	0:33:51	19:34:07
233	40	6	12 Women Master(50 or above) W807	W807	6879 Millie Ho	0:44:14	0:44:04	19:00:17	19:00:27	0:44:04	0:23:41	19:23:57

361	107	13	13 Women Master(50 or above) W808	6880 蔡奇璇	0:50:24	0:50:15	19:00:17	19:00:26	0:50:15	0:24:17	19:24:33
324	85	12	11 Women Master(50 or above) W809	6881 Wong Wai Yee	0:48:28	0:48:13	19:00:17	19:00:32	0:48:13	0:23:02	19:23:18
242	43	9	10 Women Master(50 or above) W810	6882 LEE WEI FUN	0:44:33	0:44:01	19:00:17	19:00:49	0:44:01	0:22:52	19:23:08
204	29	4	7 Women Master(50 or above) W811	6883 Fung Mei Fung Jenny	0:42:39	0:40:40	19:00:17	19:02:16	0:40:40	0:22:36	19:22:52
120	11	2	2 Women Master(50 or above) W812	6884 Cecilia Wong Wong	0:38:13	0:38:05	19:00:17	19:00:25	0:38:05	0:19:06	19:19:22
237	41	7	4 Women Master(50 or above) W813	6885 Chu Yuk Ling Reoni	0:44:20	0:43:39	19:00:17	19:00:58	0:43:39	0:22:04	19:22:20
239	42	8	6 Women Master(50 or above) W814	6886 Tong Sui King	0:44:30	0:43:49	19:00:17	19:00:58	0:43:49	0:22:34	19:22:50
393	125	14	15 Women Master(50 or above) W815	6887 Au Yuk Ying Pappy	0:52:50	0:52:08	19:00:17	19:00:59	0:52:08	0:28:14	19:28:30
460	161	16	16 Women Master(50 or above) W816	6888 Tam Oi Fan	1:01:38	1:00:57	19:00:17	19:00:59	1:00:57	0:29:41	19:29:57
419	138	15	14 Women Master(50 or above) W817	6889 Ching Sin Yi Cindy	0:55:08	0:54:25	19:00:17	19:01:00	0:54:25	0:28:06	19:28:22
243	44	10	5 Women Master(50 or above) W818	6890 Cheung Man Ling	0:44:35	0:44:34	19:00:17	19:00:18	0:44:34	0:22:09	19:22:25
126	15	3	3 Women Master(50 or above) W819	6891 LEE SIM CHING	0:38:36	0:38:25	19:00:17	19:00:28	0:38:25	0:19:34	19:19:50
84	4	1	1 Women Master(50 or above) W820	6892 Chai Hiu Chau Gloria	0:36:32	0:36:22	19:00:17	19:00:27	0:36:22	0:18:20	19:18:36
222	34	5	9 Women Master(50 or above) W821	56951 CHAN KWAI KING , IDY	0:43:28	0:43:01	19:00:17	19:00:45	0:43:01	0:22:46	19:23:02
294	70	11	8 Women Master(50 or above) W822	56952 HO CHEUN YEE , KAREN	0:46:18	0:45:50	19:00:17	19:00:46	0:45:50	0:22:45	19:23:01
484	178	37	36 Women Open	WO01 6893 Ho Yuk Kam Dobby	1:07:13	1:06:42	19:00:17	19:00:48	1:06:42	0:33:50	19:34:06
483	177	36	37 Women Open	WO02 6894 Tam Hau Yee Sindy	1:07:09	1:06:37	19:00:17	19:00:49	1:06:37	0:33:51	19:34:07
467	166	33	32 Women Open	WO04 6896 LEE CHING YEE	1:03:19	1:03:00	19:00:17	19:00:36	1:03:00	0:30:03	19:30:19
468	167	34	32 Women Open	WO05 6897 Lau Wai Yi	1:03:20	1:03:01	19:00:17	19:00:36	1:03:01	0:30:03	19:30:19
117	10	4	2 Women Open	WO06 6898 Wong See Wai	0:38:06	0:38:04	19:00:17	19:00:19	0:38:04	0:18:33	19:18:49
261	52	11	11 Women Open	WO07 6899 Cheung Wing Shan	0:45:13	0:45:10	19:00:17	19:00:20	0:45:10	0:22:29	19:22:45
429	144	27	27 Women Open	WO08 6900 YIU WAI YIN	0:55:48	0:55:35	19:00:17	19:00:30	0:55:35	0:27:25	19:27:41
423	140	26	25 Women Open	WO09 6901 Chow Chun Sze	0:55:25	0:54:57	19:00:17	19:00:45	0:54:57	0:26:10	19:26:26
345	98	18	24 Women Open	WO10 6902 Wong Hoi Ki	0:49:44	0:49:25	19:00:17	19:00:36	0:49:25	0:25:48	19:26:04
308	76	14	13 Women Open	WO11 6903 Leung Shuk Fong Fanny	0:47:24	0:47:10	19:00:17	19:00:31	0:47:10	0:22:42	19:22:58
180	23	8	8 Women Open	WO12 6904 SZE MAN NA	0:41:37	0:41:02	19:00:17	19:00:51	0:41:02	0:21:44	19:21:59
382	118	22	23 Women Open	WO13 6905 Choi Lin Lai Fiona	0:51:54	0:51:25	19:00:17	19:00:46	0:51:25	0:25:30	19:25:46
149	19	5	3 Women Open	WO16 6908 LAM YAN YEE	0:40:10	0:40:08	19:00:17	19:00:19	0:40:08	0:19:12	19:19:28
279	61	12	10 Women Open	WO17 6909 Chan Sin Yee	0:46:00	0:45:57	19:00:17	19:00:20	0:45:57	0:21:55	19:22:11
388	123	24	26 Women Open	WO18 6910 Lai Wai Yin	0:52:14	0:51:58	19:00:17	19:00:33	0:51:58	0:26:38	19:26:54
383	119	23	17 Women Open	WO19 6911 Wong Hang Chi	0:51:59	0:51:44	19:00:17	19:00:32	0:51:44	0:24:11	19:24:27
348	100	19	14 Women Open	WO20 6912 Chan Kiu pui	0:49:49	0:49:42	19:00:17	19:00:24	0:49:42	0:23:52	19:24:08
162	20	6	7 Women Open	WO22 6914 Kwok Man Ling	0:40:50	0:40:37	19:00:17	19:00:30	0:40:37	0:20:52	19:21:08
335	91	16	18 Women Open	WO23 6915 yeung siu mui	0:49:04	0:48:40	19:00:17	19:00:41	0:48:40	0:24:18	19:24:34
217	32	9	9 Women Open	WO26 6918 genevieve chrystal clayton	0:43:22	0:43:01	19:00:17	19:00:37	0:43:01	0:21:47	19:22:03
464	163	32	34 Women Open	WO27 6919 chung yee kwan	1:02:22	1:01:57	19:00:17	19:00:42	1:01:57	0:30:38	19:30:54
102	5	1	1 Women Open	WO28 6920 Cheng Kit Yee	0:37:20	0:37:19	19:00:17	19:00:18	0:37:19	0:17:45	19:18:01
317	81	15	16 Women Open	WO29 6921 Charlie tam	0:48:11	0:47:27	19:00:17	19:01:00	0:47:27	0:24:04	19:24:20
110	6	2	4 Women Open	WO30 6922 MANGUBAT ANAMARIA L	0:37:51	0:37:35	19:00:17	19:00:32	0:37:35	0:19:30	19:19:46
114	8	3	5 Women Open	WO31 56953 KELLY NICOLE WIKSTORN	0:38:00	0:37:38	19:00:17	19:00:39	0:37:38	0:19:33	19:19:49
176	22	7	6 Women Open	WO32 56954 CHUEN JYU LEE	0:41:23	0:41:22	19:00:17	19:00:19	0:41:22	0:20:03	19:20:19
412	134	25	20 Women Open	WO35 56957 Kwok wing yan	0:54:32	0:54:07	19:00:17	19:00:42	0:54:07	0:25:11	19:25:27
245	45	10	12 Women Open	WO36 56958 TING Sze Ling, Prim	0:44:38	0:44:26	19:00:17	19:00:30	0:44:26	0:22:39	19:22:55
353	103	20	22 Women Open	WO37 56959 Chan Lai Ming	0:50:03	0:49:50	19:00:17	19:00:30	0:49:50	0:25:17	19:25:33
342	96	17	19 Women Open	WO38 56960 Lam shuk ling(Shelby)	0:49:32	0:48:22	19:00:17	19:01:26	0:48:22	0:24:31	19:24:47
435	148	29	29 Women Open	WO39 56961 YAU Fung Chloe	0:57:41	0:57:30	19:00:17	19:00:28	0:57:30	0:28:50	19:29:05
286	66	13	15 Women Open	WO40 56962 Leung Shun Ling	0:46:09	0:45:58	19:00:17	19:00:27	0:45:58	0:23:58	19:24:14
369	113	21	21 Women Open	WO41 56963 Chan Ting	0:50:59	0:50:45	19:00:17	19:00:30	0:50:45	0:25:16	19:25:32
459	160	31	31 Women Open	WO42 56964 Lam Sze Man	1:01:31	1:01:23	19:00:17	19:00:25	1:01:23	0:29:58	19:30:13
430	145	28	28 Women Open	WO43 56965 Lam Wang Man	0:55:53	0:55:21	19:00:17	19:00:48	0:55:21	0:27:37	19:27:53
456	159	30	30 Women Open	WO44 56966 Sun Hiu Ting	1:00:31	0:59:58	19:00:17	19:00:51	0:59:58	0:29:18	19:29:34
123	13	3	3 Women Team	WT1a 56967 WONG WAN CHOI,Rainbow	0:38:18	0:38:14	19:00:17	19:00:20	0:38:14	0:18:37	19:18:53
113	7	1	2 Women Team	WT1b 56968 CHING YUK LIN,JOEY	0:37:58	0:37:54	19:00:17	19:00:21	0:37:54	0:18:28	19:18:44
122	12	2	1 Women Team	WT1c 56969 HO HUNG LIN,LINDA	0:38:18	0:38:14	19:00:17	19:00:21	0:38:14	0:18:26	19:18:42
284	65	6	6 Women Team	WT1d 56970 CHIU WING SZE,JESSICA	0:46:07	0:46:03	19:00:17	19:00:20	0:46:03	0:21:13	19:21:29
200	28	2	2 Women Junior	WY1001 6923 Ng Chung Ting	0:42:27	0:42:23	19:00:17	19:00:20	0:42:23	0:20:47	19:21:03
167	21	1	1 Women Junior	WY1003 6925 LAU Cheuk Yan Samantha	0:40:55	0:40:55	19:00:17	19:00:17	0:40:55	0:19:43	19:19:59
480	175	6	6 Women Junior	WY1004 6926 Yam Wai Sze	1:05:04	0:48:18	19:00:17	19:17:03	0:48:18	0:39:20	19:39:36
479	174	5	5 Women Junior	WY1005 6927 Wong Yuen Kei	1:05:03	0:48:17	19:00:17	19:17:03	0:48:17	0:39:19	19:39:34
355	105	4	4 Women Junior	WY1006 6928 蔡殷祈	0:50:11	0:49:59	19:00:17	19:00:29	0:49:59	0:25:28	19:25:44
298	71	3	3 Women Junior	WY1007 6929 曹盼霖	0:46:36	0:46:03	19:00:17	19:00:49	0:46:03	0:24:03	19:24:19