



HONG KONG MULTISPORTS ASSOCIATION
香港全能運動學會

Ramp Challenge 2015

Final Station

Tai Tam- Mt. Parker

Event Information

Organizer: HK Multisports Association

Objectives: to promote cross-country/trail running; enhance friendship and teamwork

Beneficiary: EMERGENCY is an independent and neutral humanitarian organization found in Italy in 1994, to provide free, high quality medical and surgical treatment to the victims of war, landmine and poverty. EMERGENCY promotes a culture of peace, solidarity and respect for human rights.

<http://www.emergencyhkg.org/>

Date : 25-12-2015 (FRI)

Start Time: 0900

Venue : Parkview Entrance, Tai Tam country park No.2 BBQ site <https://goo.gl/maps/yw58M>

Registration time : 0745-0845

Transportation : Take bus reach on **Wong Nai Chung Gap Road**. get off at the bus stop after tennis court on Petrol stations and walk up the step past to Tai Tam reservoir road and go uphill to Parkview(about 10 mins), the entry of tai tam country park.

Transportation Information:

Citybus & New World First Bus Services: www.nwstbus.com.hk/home

HK Mini Bus (Green Bus)

http://www.td.gov.hk/en/transport_in_hong_kong/public_transport/minibuses/index.html

Start point : Tai Tam country park No.2 BBQ site

Distance : 14KM

Time Limit : 2 Hrs

Race route : Starting along the Tai Tam Reservoir Road, Quarry gap by Tai Tam Byewash Reservoir and Upper Reservoir by Mount Parker Road, then along the hilltop sites at Mount Parker Road, along the way must be Surrounded by sections of a transmitting station in the Peak, downhill along the exhumation of the finish point.

Attention: The race course includes a few sections of uphill and Mount Parker Road Green Trail downhill step, During wet weather, these can be quite slippery. Please be careful and pay extra attention to others' and your own safety.

X'mas Mini Ramp Fun Run 3.5km

(The fun race will be start afterward 14KM group)

Family category and Individual Categories : Men and Women

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Race route : Starting downhill along the Tai Tam Reservoir Road, reach to CP1 and U turn after Tai Tam Byewash Reservoir, then back uphill to the finish point.

Number Bib: Please pick up on race date in Registration counter, the bib must be visible in the front at all times during race and it is not transferable. Any non-conformance will lead to disqualification. No. Bib collect in registration counter on event day, (No. bib will use 2 and 3 station if you are entry it, Runners please keep it safely) **If you missing numbers bib, race day will be charged for the Administrative fee of \$ 50, please pay attention!**

Collect timing chip : Please collect timing chip (one each per person) in Registration counter (timing chip must be returned to the organizer after the end of race) **If you lose those required to pay HK \$ 100, the right may cancel their participation in the qualifications and achievements.**

Replacement members: Team members such as race day replacement / transfer group, the Organizer will be charged an additional administration fee of \$ 100 per team.

Water stations: Located at Start, Checkpoint and Finish.

First-aid Station: Located at Start and Finish

Baggage: Bag drop at the start point. Tags with your race number will be provided. Please do not leave any valuables as organizer will not be liable for any lost or damages.

Bad weather: If typhoons signal no.3 or above/red rainstorm/black rainstorm warning is hoisted at 06:00.a.m, or in case of unexpected circumstances that prevent the safe proceeding of the event, the organizer reserves the right to postpone or cancel the race. If the race is cancelled, the entry fee will not be refunded to entrants.

The organizer has purchased Public Liability Insurance for the race. Competitors and their parents participate the race at their own risk. The organizer undertakes no liabilities to any personal injury. Competitors are recommended to purchase their own suitable insurance.

Prize presentation : 1200 Start, all awards and prize will not replacement after the race, all award winners please attending the Prize presentation as well.

Charity Lucky Draw: Lucky Draw will be held before prize ceremony, during and after different time periods, Great prizes, do not miss!

Awards: Medal and prizes will be awarded for the top five positions in each category.



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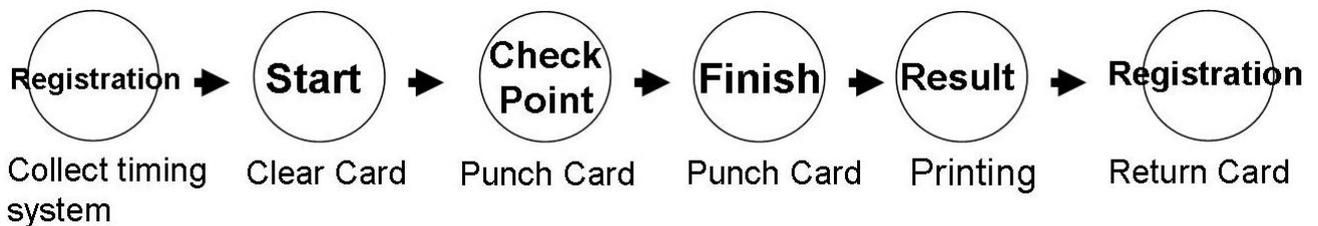
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Timing System

1. Participants are responsible for ensuring the success of timing refers to the card is placed in the punch on the sensing area (circle below the number of locations), punch card emits a continuous sound, that means the information has been recorded in the time card.



2. Participants may not move or damage the control points or tournament facility, if damaged, shall be disqualified for compensation and price.
3. During the competition participants have the responsibility to properly care electronic control card, and returned after the competition. If lost or damaged, the participants will have to pay HK \$ 100 to the Hong Kong Multisportsports Association.
4. If using another person's /Team electronic control card, the Conference will be disqualified.
5. If a complaint in writing to the tournament as soon as possible. If the complaint is about the participants in the results announced results must be submitted within 15 minutes, complaints will be handled by the competition, and the results shall be notice to the complainant immediately.



Start Point

1. Participant number bibs must be deducted in the chest and show the electronic control card.
2. Once electronic control card and number bib complete, the participants allowed to enter the starting area

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3. Please refer to the entrance of the card on the "clear" punch on the sensing area, until you hear a "clear" punch sound emitted to determine the timing refers to the old card information has been cleared.
4. Late Participants must district to staff report, and then by the "late start zone" to start.

Check Point

1. Participants arrived at the checkpoint, it should be punch at the checkpoint on the card, or time does not count grate, the participants of the results will be disqualified (DQ).
2. **Cut Off time:** start time calculation of the Organizer, Cut Off time in 1130, last team must be passed before the checkpoint CP2, otherwise the team will serve as the cancellation of DSQ.

Finish Point

1. Finish area is located next to the No.2 BBQ site (Start Point) .
2. When participants reach the finish point, the finish device to be shot in the cards, the racing time will end at the moment.
3. Please follow the instructions to calculate the points score, the time refers to the record card download, and participants can receive a reference performance printer.
4. All participants must be before the end of the race to score treatment station to download results, not the final results announced before the download performance of the participants will be disqualified (DQ).
5. Whether or not the participants finished the race, or loss of electronic control card, before the end of the race must report to the end, or when the missing theory. Take the trouble to the tournament staff and even police out searching.

Accident / halfway out of the race

Any of accidents, of which there are team member due to injury or other reasons fails to complete the race, the other team member should be accompanied by injured team member, go to the nearest checkpoint CP, and the event staff for assistance. Please do not leave injured member alone and continue to race, the team failed to incomplete the race, and it cannot calculate the total score.

Route Signage

In addition to each CP has a designated event staff , the various sections of the fork in the road in front, the ground will be indicated on the arrows to chalk mark; trails and bushes are dangerous red and white ribbons, signs for the tag , please note!

Note: Organizers reserve the right for any amendments, In case of discrepancy between the Chinese and the English version in respect of all or any part of the contents in the website, the English version shall prevail.