

## **6th Pokfulam Challenge - Charity Run & Family Day 2012**

**Organizers :** HK Multisports Association

**Objectives :** To promote active lifestyle among families and friends while raise funds for needy organizations.

**Receiving Charity:** Hong Kong Island Private Hospitals Chaplaincy Committee

**Race Date :** 28 April, 2012 (SAT)

**Venue :** The tennis courts at the University of HK, 144 Pokfulam Road (next to Middleton Towers)(No Parking)

**Race Course :** Pokfulam Family Walk

**Registration :** 0730 a.m. (Number bibs shall be distributed on race day; please allow enough time for registration)

**Start time :** 0900a.m.

**Distance :** 8 Km

**Time Limit :** 2 hrs

**Individual Categories :** Men and Ladies Junior (Age 12-17) Men and Ladies Open (Age 18-29) Men and Ladies Master 1 (Age 30-39)  
Men and Ladies Master 2 (Age 40 or above) (\*actual age on race day)

**4-pax Team :** Men and Ladies Open (no age limit) Note: All participants participate in the team, will not be awarded to the individual category awards.

**Categories** (The sum of the category position of each team member will be used to determine winners; in case of ties, the total time will be used)

**Entry Fee :** Individual \$160 (HKU Full Time students \$50) 4-pax Open Team \$600 per team

**Donation :** There is no minimum donation. Please give as you wish.

**Awards :** Trophies and prizes for the first three positions in each category.

**Extra awards for the following:**

Overall champion men and woman (audience fastest persons, including in the team categories)

Most Vital Award (the most senior person in the 8k race)

The most lovely award (Family Orienteering in the youngest contestant)

All finishers will receive a souvenir.

**Donation :** Awards will be given to the individual and the team (including Orienteering Teams) that raise the most funds.

**Quota :** 300

**Deadline :** 20 April, 2012

**Entry Methods :** 1. Online registration - please browse [www.hkmsa.hk](http://www.hkmsa.hk) or [www.marathon.hku.hk](http://www.marathon.hku.hk)

2. By mail - please send the completed entry form together with the entry fee (cheque payable to "Hong Kong Multisports Association"; please do not send cash) to P.O. Box 71264, Kowloon Central Post Office. Please mark "**PFL Run 2012**" on envelope. Fill in the donation form and send together with all donations to HK Island Private Hospitals Chaplaincy Committee [www.hospitalchap.org.hk](http://www.hospitalchap.org.hk) before 20th April, 2012. Once entry is accepted, all donations will not be refunded.

**Lucky Draw :** Lucky draw will be held before prize presentation. There are plenty of attractive lucky draw prizes and all entrants are eligible.

**Souvenirs :** Goody-bags will be given to all race 8k entrants.

**Transportation :** Buses that pass through Pokfulam Road are No. 4, 7, A10 37A, 37B, 40, 46X, M49, 40M, 43X, 71, 90B, 91, 93, 93A, 93C, 94, 970, 970X, 973 and so do green minibuses that go to Aberdeen.

**Baggage :** Bag drop at the tennis courts. Tags with your race number will be provided. Please do not leave valuables as organizers will not be liable for any lost or damages.

**Number Bib :** Must be visible in the front at all times during race. Number bibs are not transferable. Any non-conformance will lead to disqualification.

**Timing System :** Race will be use ChronoTrack Timing Systems - B Tag for the timing system